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RENEWAL AND RESURRECTION OF THE BODY

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MAN HAS power, through the *I Am*, to establish a permanent, harmonious relation between the positive and negative forces in his organism, thus bringing into expression a perpetual renewal of the body. Scientists tell us that one cell, in a single twenty-four hours, reproduces itself 17,000,000 times, which gives us an idea of the mighty reconstructive work continually going on in our bodies. As man intelligently and lovingly coöperates with this change, stamping the cells with spiritual thoughts, he transforms the character of the cells from mortality to immortality, and stimulates the life activity in the whole organism.

New ideas established in consciousness naturally find their expression in the cell life of the body, and the body of the growing student of Truth takes on a different appearance. Liberality of mind, being receptive to the inflow of new ideas in consciousness, is very essential in the demonstration of the more abundant life. Fixed states of mind underlie crystallization of cells, and crystallization of cells causes rigidity of the body and eventually the "deep sleep" to which Jesus referred when he raised the dead. The only way to eternally offset the "deep sleep" is to die daily to all ideas of mortal limitations. Every idea, whether it be directly related to the within or the without, registers itself upon the body consciousness and produces a constructive or destructive effect. As we train ourselves to think only the Truth, we see only the Truth, and in this way the body is protected from destructive thought voltage, and the

consciousness is kept in a state of continual harmony.

The recognition of the fact that the body is undergoing a continual change is necessary in order to eliminate the age idea. Physicists have discovered that the body is almost entirely reconstructed every year, the bones requiring a little longer time. This being true the body is never much more than a year old. It is clearly seen that the idea of age has been ignorantly built up and carried along in the mind until it has established itself in consciousness as a destructive agent. The illusion of age must be offset by the realization by man that he is ageless, spiritual being, having his consciousness in omnipresence. When this realization is made, a new and constructive activity is set up in the organism, which must eventually express itself as newness of life, youth, beauty and godliness.

The position of the *I Am* toward the body consciousness is exactly that of the sculptor toward the unchiseled block of marble, which is waiting to be fashioned after the ideals held in the mind. Holding ideas of youth, life, strength, beauty and all other desirable qualities continually in mind, causes these ideas to become established in substance and work out in living forms. Subconscious tendencies are subject to the authority and dominion of the *I Am* Word. Man, conscious of his reality as spiritual being, *has power* to set into activity in body consciousness the ideas he would see manifest in his body. Changes in form are the effect of changes in ideas.

Thoughts established in consciousness are always active, bringing forth after their kind. When one is consciously coöperating with the inner spiritual life he is liberating a mighty energy, which greatly accelerates the natural organic changes continually going on within the body. Because of this mighty action old states of consciousness are brought to the surface to be eliminated, and it would appear sometimes that little progress toward the goal of perpetual harmony and perfection is being made; but the wise student of Truth rejoices in the breaking up of old conditions, either in body or affairs, and with the poise of a master lays

hold of the Word with greater persistency, thus molding the new energy into substantial and eternal body structures.

The body of flesh and blood is but a symbol of the inner spiritual body. When the ideas of the mind of man are harmonized with the ideas of Divine Mind, they function in the inner spiritual body, and under the law of manifestation following the establishment of an idea in substance, these spiritual qualities picture themselves in our bodies as more abundant life, youth, health and purity. Through dying daily to mortal ideas the spiritual body is brought to light, and when perfect balance has been established between the positive and negative forces in the organism, the "last trump" will sound and the dead shall be raised incorruptible, and we shall be changed into the image and likeness of our original holiness and perfection of spirit, soul and body. Renewal and resurrection are processes that are continually going on in the organism of one who has been quickened of the Spirit. Therefore the demonstration of eternal life in the body is a gradual process, its culmination depending upon the rapidity with which man enters into the realization and mastery of his inherent spiritual forces.

The spiritual body is the aggregation of ideas emanating from Divine Mind, and is composed of Godlike qualities. It is already established in the being of man, for man originally came forth as a perfected idea of Divine Mind. When man lost sight of his Godlike nature he experienced separation from the One Life, and eventually lost his body in the grave. Unfulfilled ideas in consciousness clamored for expression and a law of rebirth or reincarnation was set up, through which man was given another opportunity to have a body; but this body has not the consciousness of the Spirit of Life until man is born of the Spirit and comes again into a recognition of his Divine nature. At this point of unfoldment man begins to understand and appreciate the redemptive work established in the race by Jesus Christ. Jesus Christ is the manifestation of the perfect God Idea Man, the "first-born" of every creature. Until the birth of Jesus Christ in consciousness man is dead in

trespasses and sins, and is under the law of mortality.

It is absolutely essential in the demonstration of eternal life that man believe on Jesus Christ, because through him the body is raised to its proper place in being and immortality brought to light. Through Jesus Christ the grave, as a victor, was in reality conquered for all who believe in him, and resurrection of the body established. There is no doubt but that the three days which elapsed between the burial of Jesus' body and its resurrection will yet be found to have a vital significance in the race, since all the steps that Jesus made find their counterpart in the individual consciousness. During this period the Spirit of Life in Jesus completed its transforming work, unimpeded and unhindered by the personal consciousness, which had been eliminated in the crucifixion. Divine Law is unchangeable and impersonal, and the same Spirit that raised up Jesus could, even under like conditions, restore to life the body consciousness of one who had been quickened of the Spirit of Life, if that same Spirit were allowed a chance to complete its transforming work before the body fell into the hands of the eager undertaker. Resurrection of the body, as Jesus demonstrated the resurrection, has never been permitted to work out in the race, yet it has been established as an indisputable fact that many disinterred bodies have been found face downward in their caskets, proving that *activity was not extinct* at the time of burial. As spiritual understanding reveals to us the reality of Jesus Christ as a working factor in human consciousness, and the unreality of a material world, and the nothingness of death, who can say what offences may have been committed against the Holy Spirit through ignorance of the activity of God in the visible world?

However, the time is now ripe for the fulfillment of the greater works spoken of by Jesus, and the truth student should be more concerned in building up such a consciousness of the reality of Spirit, as to absolutely prevent the falling asleep of the body. God is an ever-present help in time of trouble, but we glorify God more if, through a realization of his omnipresence, we eliminate all likelihood of

trouble. But it is reasonable to believe that, no matter what the condition of man, he is never without recourse to God.

The body is in reality the "Garden of Eden," with its tree of life and its living waters. In one who has entered into the regeneration, who is conserving the seminal fluid both in thought and act, the seed is being transmuted into the elixir of life, which vitalizes every part of the body, offsetting pain, decay, age and lack, and building up such a consciousness of life in the "inward parts" as to make it utterly impossible for the body to be lost through dissolution in the grave. Perfect restoration of the body to its original perfection depends primarily upon the conservation of the reproductive element in the organism. It is through the activity of this element or seminal seed that the body is constantly renewed and worn-out cells eliminated. In that the expenditure of the seed of life in generation was the original cause of the "deep sleep" called death, it naturally follows that conservation of the seed in regeneration is essential in the demonstrating of eternal life. "Whosoever is begotten of God doeth no sin, because his seed abideth in him."

Man must die to every delight of the soul that is not *eternally* constructive and uplifting. He must die to every human affection and attachment, finding in God the satisfaction of his every desire. This does not mean that human fellowship and intercourse shall be eliminated, but that all our relations with the world of men will be prompted by a desire to express more of the love, life, substance and holiness of the Christ self. In the new order now being established in the earth, the Divine Self of man will be naturally expressed, and blessings we cannot now perceive will come into activity, because the personal consciousness shall have been eliminated through daily dying to all mortal limitations. Love, rich in its Divine quality, will encompass the earth and bless us all with its harmonizing, constructive force. The attainment of the one will be swallowed up in the perfection of the whole Body of Christ. The delights of heaven in the earth is assured to all who partake of the "river of the water of life, proceeding out of the throne of

God." Jesus definitely located the kingdom of God within man, and it is reasonable to conclude that God rules in every part of the body of the regenerate. The "tree of life" bearing twelve manner of fruits, yielding its fruit every month; the leaves of the "tree" being for the healing and regeneration of the whole organism, draws its sustaining sap from the organs of generation. "Blessed are they that wash their robes [purify their bodies] that they may have the right to come to the tree of life, and may enter in by the gates into the city" (Rev. 22:14, R. V.).

Immortality cannot be realized until we consciously die to ideas of mortality, and are made alive in Christ. Because no one, since the demonstration of Jesus, has attained to the realization of eternal life, only emphasizes the necessity of radical changes in living in order that man may be perpetually and eternally renewed. There must be not only a transformation of mind, but a corresponding transformation in body and affairs. To continue to function in the *flesh* after the soul has been illumined is to subject oneself to greater discord than when living under the mortal law. Failure to act upon spiritual truths realized puts to death the activity of the Spirit in consciousness, and works destruction in the organism. We must be holy both in mind and body before we can demonstrate everlasting life.

All the qualities of the natural man find their counterpart in the spiritual man, and man's own body becomes the Paradise of God, in which there will be found no defilement or unclean thing. In this Paradise man will dwell eternally, "and there shall be no curse any more." Christ in us is the resurrection and the life, but every thought and act must conform to this holy presence in order that the sanctuary of God be kept free from destructive vibrations, which retard the harmonious activity of the life forces. In no other way can the soul and body be preserved entire, and the unification of the spirit, soul and body of man in the Christ life be realized. "For if ye live after the flesh, ye must die; but if by the Spirit ye put to death the *deeds of the body*, ye shall live."

LORD GOD IS SPIRITUAL MAN

IT IS of first importance to have a true idea of God, for it is the central thought of every religion and every theory of life. It is the question of Cause, of Being itself, and every genuine truth flows from, or is an epitome of the infinite truth of Being. As we know this central truth of life we know all others, as the quality or character is the same, and each truth reflects its nature and origin in the true light.

The word "God" seems sometimes to carry the idea of a personality of male sex who can love and hate, reward and punish, an idea as far from the truth as the east is from the west.

John the beloved companion of Jesus says, "God is Love," and this is in keeping with the idea that God and good, as in the Anglo-Saxon language, are one and the same.

When we accept this meaning of the word we can understand how God can be omnipresent, forever present everywhere, and how "in him we live, and move and have our being."

This idea of Deity is true and the old question of personality and personal accountability are out of the case.

The nature of Infinite Life is such that it cannot in any way be divided, but is always one and perfect. The Good is one God (Love) and "all in all" and dwells in all fullness in every self-conscious expression of its own image and likeness. Its concrete manifestation is as complete as though there were but one self-conscious expression, of the all inclusive "I am." This is true in the indivisible nature of life itself. "I am in you and you in me," and "All power is given unto me in heaven and in earth."

Swedenborg says: "A man cannot be an image of God according to his likeness unless God be in him and his life from his inmost part. That God is in man and is his life from his inmost part. That the Holy Spirit is the Lord (inner Christ or true self) and not any God who is a

separate person." "In that day (of realization) ye shall know that ye are in me, and I in you." Again Swedenborg says, "where there is Esse (To be) there is also Existere (To exist): one is not possible without the other. An Esse is not an Esse unless it exists, because it is not in a form; and what is not in a form has no quality, and what has no quality is nothing. Whatever exists from an Esse makes one with the Esse; hence there is a uniting into one; and hence one is the other's mutually and reciprocally, and one is all in all in the other as in itself. Hence it may appear that God is man, and that thereby He is God existing; not existing from Himself, but in Himself.

Hegel says, "It is the customary mistake of reflection to take the essence to be merely what is inward, but the outward is the same content as the inward. The appearance shows nothing that is not in the essence, and in the essence there is nothing but what is manifested. As constituent elements of the one form they are essentially identical, both are the same one totally."

Jesus saw that not only was man a receiver of life, a temple, that the kingdom of God is within, but he saw that what was from Life is Life itself in its manifestation. Life and its expression are one. "I and my Father are one."

As there is but one life and that Life is all inclusive, we live that Life; we have no other or separate life of our own, for there is none to have, to be or to manifest. As there is but one all inclusive substance, we are that substance, for there is nothing else we can be. Every man is a conscious center of the Infinite Life. This conscious center assumes form, or expresses itself, and this form is the Divine Human form.

In the infinite variety of manifestation of good in perfect oneness, is the truth that each expression but adds to the joy and enlightenment of every other springing forth from self-conscious life. Every variation of expression is one of manner and not of quality and is infinite and eternal as life and love are one.

The inner life and its manifestation are one and perfect.

Whatsoever we think we see in life that is otherwise is illusion and comes from lack of recognition of the truth or from false seeing.

As there is but one life and one substance, our very bodies are essential spirit. Whatever is from Spirit is spirit, as spirit has nothing to organize, create or manifest from except spirit. Soul and body, mind and its expression, God and man are one.

"The entrance of thy word giveth light." Truth is light and when we see and acknowledge it our spiritual horizon is widened, we have come into a clearer recognition of the "light of life." If we will "speak the word only," in harmony with good, the truth thereby expressed gives light. We see then that the higher, purer and grander our statements of truth are, the clearer will grow our spiritual recognition. *All truth is ever waiting in all men for the spoken word.*

A thought formulated into words and at one with omnipresent life is a truth and partakes of the nature of the light of life, and received into the mind and heart enlightens the spiritual man. The more the thought, or truth, is an epitome of absolute truth grounded in love, the greater its penetrating or illuminating power.

Here we see the importance of true light, the best light we can get, or the most perfect truth we can accept, as the better and purer the truth we hold, the greater our spiritual illumination.

Truth is truth in the degree that it springs from love. God is love. Love is impersonal and so is no respecter of persons and is the love that includes all, even our enemies, as the rain falls on the just and the unjust. Such is the truth that flows forth from the "fountain of life."

If we can fully accept the truth that all life is one, that love is life and all in all, that there is one only life and one only substance, we place in our individualized spirit the "chief stone of the corner," we accept "the Christ," the "true light."

"And he said unto them, How say they that Christ is

David's son?" The Lord, the Christ, is the inward man or true self. "Without father, without mother, without descent, having neither beginning of days nor end of life, . . . made not after the law of a carnal commandment, but after the power of an endless life." "David therefore calleth him Lord, how is he then his son?" "Whosoever shall fall upon that stone, the same shall be broken." The inner, true self "is not born; it does not die, subtler than what is subtle, greater than what is great, unborn, eternal, it reveals its own truths. Brahma, the supreme, whoever knows him obtains whatever he wishes."

In declaring for omnipotence, reference is had to the infinite power that dwells in all men in all fullness, and that is *I Am*, and that is the perfect law of being in its normal expression. "All power is given unto me in heaven and in earth." As we come to know ourselves we realize there is no other power. Man is love and love is omnipotent.

In declaring for perfect intelligence we see it to be true in the oneness and omniscience of life, and in speaking the word fulfill and carry out the command, "Let there be light," and light is.

All intelligence, all truth belongs to each and all, and there is no respect of persons. *I Am* is in you and in me and in all fullness, and whatever we perceive as true is our own now and forever. It can never be lost or taken from us. It does not matter where we first heard it or saw it written, it comes to our realization from within where are hid all the treasures of wisdom and knowledge, and we recognize and accept what belongs to us.

In declaring for omnipresence we know that our God is one God and that there is no space or distance in Spirit, but only state, condition or realization of life and that we are where we desire to be and that this is the nature of omniscience. Love is everywhere, life is everywhere and hence self-consciousness is everywhere or wherever life or love is, since all life is one.

Jesus says, "This is condemnation, that light is come into the world, and men loved darkness rather than light."

In declaring for love we remember that the essence and image of God is in all men in all fullness and perfection, the substance and cause of eternal life; the "I Am the Lord."

"Verily, verily I say unto thee, we speak that we do know and testify that we have seen. No man hath ascended up to heaven, but he that came down from heaven, even the Son of man which is in heaven." The Son of man is the "inward man," or true self, and is in heaven, in that kingdom which is within you, and which is always there and which the spoken word brings forth into realization. "He that is from above [or within] is above all, and what he hath seen and heard, that he testifieth. He that hath received his testimony hath set to his seal that God is true."

Speak the word only, and "hold fast" while darkness passes into light, a light that grows brighter until the perfect day.

Jesus in strongest words declares the highest truth. "I am the way, the truth, . . . the resurrection and the life." "I am the bread of life." "Before Abraham was, I am." "I proceeded forth and came from God." He manifested and we recognize in him infinite love and infinite wisdom, infinite in all fullness and perfection in all things and that to him was given all power in heaven and in earth.—*E. H.*

ALL IS MIND

Mind, Being, Principle—the only Creator. This immortal, perfect and only good cannot create what is unlike itself; hence there can be no evil mind or material form in reality—these being but the testimony of the material senses. Our elder brother, Christ Jesus, who came to show humanity the way, the truth and the Life, proved by his own demonstrations the nothingness of all material beliefs and the Omnipotence and allness of Truth. Oh, for a clearer perception of the way to attain that consciousness of oneness with the Father, that we may truly say as our Master said, "I

and the Father are one," that we may consciously realize there is but one mind, and that mind the Divine Mind, whose reflection or expression must be perfect, as itself is perfect!

"We need to consciously know that evil is but a belief."

Mind being immortal, there can be no mortal mind. Hence, when truth betrays mortal belief by showing its nothingness, there remains no evil. All the discords of earth being falsities, and we know that falsehood cannot proceed from truth, it is essential to learn to separate the wheat from the chaff; the real from the unreal, and give place to no thought which is not of Truth—God.

As mind determines the conditions of the body, our protection is in never thinking or saying of the body what we do not wish to be true of it; hence, if we entertain the thought or belief that our body is weak or feeble, it cannot be strong, and if we accept the notions of mortal mind, which claim to be the Cause, with regard to the nourishing power of certain articles of material food and our inability to digest others, the effect will inevitably follow the cause thus instituted, until we are able fully to deny such claims through our understanding and acceptance of the opposite fact.

How is this change in the current of our thoughts to be effected? Only by constant watchfulness, inspired by the love of good and truth.

The scripture injunction to "watch and pray, lest ye enter into temptation," applies here, and is security against both sin and sickness, which is caused by our wrong thinking. Let us be master of our thoughts and see to it that we think only true and pure thoughts, then we can, through Divine Truth, master all unrighteousness.

God is Love. Do we need more than this? I know it overlies and underlies everything.

All we have to do is to keep the light ahead, and in so doing we shall not see the foaming sea that we are passing over. If Jesus the pure and sinless had to suffer on account of the claims of evil in humanity, may we not, in a degree, have to suffer likewise?

Jesus said, "agree with thine adversary quickly whilst

thou art in the way with him, lest you pay a worse penalty." Jesus then taught his followers that there are those wicked claims to be met by each of us, before we can hope to reach the height where we know all is good.—*X.*

BODILY PURITY

Take heed that it be not instilled into thy mind that this body perishes, and thou abuse it to any lust. For if thou shalt defile thy body, thou shalt also at the same time defile the Holy Spirit; and if thou shalt defile the Holy Spirit, thou shalt not live. . . . But now guard thyself; and seeing God is almighty and merciful, he will grant a remedy to what thou hast formerly done amiss, if for the time to come thou shalt not defile thy body and spirit: For they are companions together, and the one cannot be defiled but the other will be too. Keep, therefore, both of them pure and thou shalt live unto God.—*III Hermas, Similitude* 5, *verses* 59, 62, 63, *New Testament Apocrypha.*

To accomplish anything we must believe in our ability to accomplish, and this faith must be at once translated into action. Faith has no tentative efforts; it begins in the certainty of finishing, and works calmly as though it had omnipotence at its disposal and eternity before it. Dare to formulate thy desire, whatever it be, then set to work immediately, and cease not to act in the same manner and for the same end; and what you wish for will take place, and has already begun for you and by you. Sixtus V., while tending his sheep, said, "I determine to be pope." Thou art a mendicant and dost seek to make gold. Set to work, *and never give in*—I guarantee thee, in the name of Science, all the treasures of Flamel and Raymond Lully.—*Eliphas Levi.*

"There was never any more inception than there is now,
Nor any more youth or age than there is now;
And will never be any more perfection than there is now."

—*Walt Whitman.*

MEDITATIONS

VERYONE who seeks God desires much to realize oneness with him, and would not willfully believe in separation from him. Meditation upon the statement, "The good that is for me is my God," makes clear that if one thinks of any good as being separate from him, he is by his thought denying his oneness with God; for if he is really one with God, he is also one with all Good. Belief in lack of any kind is therefore a contradiction of the statement, "I and my Father are one," and hinders the realization of oneness with the Father.

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Every home must come into peace and harmony through a recognition of Christ as the Master of the household. This acknowledgment of him as Lord must be made in words. Mottoes and words of truth on the walls are good, for they help to keep the truth in mind. But printed words on the wall are not sufficient. Truth must be spoken, and the rooms filled with the living word.

If there is one in the home who speaks adverse words, there must be someone just as diligent in speaking true words.

Over every doorway of the home picture mentally the words, "Jesus is Lord," and declare this truth often.

Keep the rooms filled with words like these: "Jesus is Lord. He is Lord in this house. The brightness of his presence fills these rooms with peace and love and righteousness, and dispels every shadow of error or discord. Truth is established here. No plague of sickness or evil-speaking or inharmony of any kind shall come nigh this dwelling. The almighty cleansing, freeing word cleanses this house of every adverse word and thought, and makes all free."

"Every knee shall bow, and every tongue confess that Jesus is Lord to the glory of God." By confessing Jesus as Lord, you wrong no member of the household. You are not setting up your own standard. You are lifting up the standard of Truth, knowing that you too must measure up

to it. This takes away the personal desire to rule, or to have one's opinions rule in the house.

It is true Jesus said, "I am come to set at variance;" but whether this be understood to mean variance within one's self or in the home, it is not a condition which is to remain. This teaching about variance must be interpreted in harmony with all the Truth teachings about peace, else one will find himself overwhelmed with variance.

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"Ye cannot serve two masters."

Mammon is not alone in exercising lordship over man. Anything which dominates the thought and draws forth the attention and energies in a certain direction is a master. God must be loved with all the heart and mind and soul. The things of the Spirit must claim the whole attention.

Lodges, clubs and societies of every kind and name which have for their aim any mere temporal benefit will, if served, divide the heart and quench the Spirit. This is especially true of those organizations which recognize and lay up for rainy days, and which reckon on providing for friends in case of death. Faith cannot be exercised against such odds.

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The simple statement, "I know, I do," was once the means of leading one who was in a very threatening physical condition, and in great need of financial help, out of the darkness of these two shadows. Something had to be done, and nothing could be done. That is the way it appeared. She did not know what to do, and she didn't have the strength to do if she had known.

The healer to whom she applied for help gave her the statement, "I know, I do," and requested her to declare it regardless of appearances. She took hold of it gladly, and repeated it many times during the remainder of day. The following day was a busy one. She realized that the words were really true of her spiritual self, and through faith was so quickened in a day by the words—living words—that she found something to do all the next day. That

something was just one little household duty after another, and the much-needed money was not in it; but she experienced such great joy in finding strength came to do them that there was no thought of worry about money matters. She was faithful day after day to her little statement, and to its fulfilling in every little thing that her hand found to do, and it was not long until her time was wholly taken up with the work she had longed for many years to do, and the financial difficulty melted away.

If adverse thoughts either within one or within the home do rise up in open rebellion to Jesus the Truth, this will all change when the word is spoken in the power and authority and love and wisdom of Jesus Christ.

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The oft-quoted text, "Thou wilt keep him in perfect peace whose mind is stayed on thee," reads, according to the margin, "Thou wilt keep him in perfect peace whose *imagination* is stayed on thee." The training of the imagination is therefore important.

It is the work of this faculty to form mental images and pictures, and the images it forms are the patterns by which all things are made. If one allows the imagination to form mental pictures of disease and lack, and fearful conditions of all kinds, the mind will not only be disturbed, but body and affairs will be built according to the pattern furnished, and the building will be undesirable; while if the imagination be trained to form only true images (and only the good is true), then there will be peace, and the good formed in the within will take form in the without.

This makes plain why blessing follows him who sees no evil, who thinks no evil. If he does not see evil—does not create mental images of it—it cannot become manifest in his life.

"Purify your hearts, ye double-minded." If the heart believes in two powers, good and evil, the imagination will form pictures of evil, and it will continue to do so until the heart is cleansed of all belief in evil. Then the eye will be single, will see good only, will picture good; and faith,

working with the imagination, will bring the good into manifestation.

When one feels disturbed, he may know that he is not making proper use of his imagination. To find peace he must stay his imagination upon the Good.

Is it not wise for man to bless this good faculty, and to give heed to its right to be trained in the Truth? He can say, "My imagination, I bless you! I love you for the good work you can do for me in helping me into a realization of my oneness with all Good."

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A neat, tidy house and an orderly household is a helpful influence. One cannot bring himself and his affairs into divine order, and leave out of consideration his home life. Every member of a household is responsible for a share in establishing and maintaining order and peace. This is sometimes overlooked in the desire to do "greater things," and it is one reason why there is often a failure to realize the privilege of doing the greater. To be a good housewife, or to be a coworker with her, is not a little thing; and if it were, it has with it a good promise: "He that is faithful in that which is least is faithful also in much."

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Remember the three steps in every demonstration: First, being open and receptive to the word; second, laying hold of the word; third, giving expression to the word.

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Do not give names to appearances of ailments. Naming a disease gives it a set form and picture in the mind, and makes the work of erasing the error more difficult. Then, too, the name suggests certain symptoms and certain results, and these will appear so long as they are suggested through holding the name in mind.

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FREEING AND HEALING WORDS

God in the midst of me is mighty.

I am a new creature in Christ Jesus.

My yoke is easy, and my burden is light. I am one

with all the spiritual forces represented in Christ Jesus, and I find rest to my soul.

I press forward in the courage and boldness of faith.

I stand fast in the liberty wherewith Christ hath made me free.

I do not resent nor resist anything. I overcome with the Good.

I drink freely of the water of life.—*E. L. C.*

THE DEITY OF MAN

The height, the deity of man is, to be self-sustained, to need no gift, no foreign force. Society is good when it does not violate me; but best when it is likest to solitude. Everything real is self-existent. Everything divine shares the self-existence of Deity. All that you call the world is the shadow of that substance which you are, the perpetual creation of the powers of thought, of those that are dependent and of those that are independent of your will. Do not cumber yourself with fruitless pains to mend and remedy remote effects; let the soul be erect, and all things will go well. You think me the child of my circumstances: I make my circumstances. Let any thought or motive of mine be different from that they are, the difference will transform my condition and economy. I—this thought which is called I—is the mold into which the world is poured like melted wax. The mold is invisible, but the world betrays the shape of the mold. You call it the power of circumstance, but it is the power of me. Am I in harmony with myself? My position will seem to you just and commanding. Am I vicious and insane? my fortunes will seem to you obscure and descending. As I am so shall I associate, and so shall I act; Cæsar's history will paint out Cæsar. Jesus acted so, because he thought so. I do not wish to overlook or gainsay any reality; I say, I make my circumstance: but if you ask me, whence am I? I feel, like other men, my relation to that Fact which cannot be spoken, or defined, nor even thought, but which exists and will exist.—*Emerson.*

LOVE

Beautiful is it to love a man or woman;
But more beautiful is it to love Love.
For Love is of God, and is God.
Love solves all things,
Before all created life, was Love.
When death shall be no more there will be Love;
For Love had no beginning, and it will never end.
Have you thought that it was a great thing to know all knowledge;
I say that it is greater to love.
A child that loves is greater than all your philosophers.
Would you have wealth?
Then you must trade for Love;
For Love is perfect wealth.
Would you get wisdom?
Then you must love Love, and love all who love Love;
For wisdom is kept in the treasure house of Love;
And of the treasure house of Love, Love only has the key.
Would you know what heaven is?
Then you must love;
For Love is heaven, and heaven is Love,
God loves the true Love,
And he that loves most is nearest to God.
I said to my soul,
With all my gettings, I will get Love,
And with all my givings, I will give Love.
So shall I be rich and have many friends;
So shall I be like God,
Who loved me and gave himself for me.
I said, I would see the angels
And the spirits of all good;
Then the Lord said to me,
You must love me, and love all who love me with your whole heart,
For Love opens the eyes of the soul
So that it can see the invisible.—*Exchange.*

DEATH AN ACCIDENT—NOT A REAL PART OF LIFE

ESSAYS and philosophies have been written about the beauties of old age, but I challenge and deny them all. To maintain that there is a charm in old age is much the same as to pretend that you hate war news. The one is as psychologically impossible as the other is Pecksniffian. Old age is still old age. It is the waning, not the growing moon. The dusk of evening can never be the blaze of noon. It is not strength, but weakness.

Any extension of the allotted limit of human life beyond the time-honored one of threescore and ten will inevitably help in extension of the span of life of the whole living world.

Analogously, any experiments or discoveries which will lead to longer life and health in *lower creatures* will conceivably aid man to the goal of mortal yet endless life.

When Prof. Herbert Spencer Jennings, America's foremost biologist and student of living things, recently announced from his laboratories at Johns Hopkins that a systematic change of their foodstuffs and environment would allow those fragile animalcules called paramecium to live almost an undying life through thousands and thousands of generations, it was realized that even human kind need not necessarily die.

From the researches of Prof. Jennings, Metchnikoff, Woodroff and those of Dr. Alexis Carrel, it is plain that the supposed inevitable end of human life is not what it has been cracked up to be.

In fine, it is now within the realms of theology, philosophy, science and sanity to consider the possibility of humanity living on forever.

There is no such thing as "natural" death, according to the lights of Dr. Carrel. All animal and plant deaths are accidental.

As soon as science clears away the forest of accidents, and as fast as they are determined, when knowledge and discovery shall bring into man's purview each detail of all the "accidents" which take away life, man will be able to live indefinitely. That is to say, as long as he can forestall and anticipate those accidents.

In other words, nobody dies, but everybody is assassinated, killed by missteps, foods, bacteria, parasites and other enemies of life. A soiled nursing bottle, a splinter, a scratch, the measles and "colds" are murderers, pure and simple. No other name fits them.

People who seem to die of "old age" or from "natural causes," true enough, are not laid low by lightning, locomotives or infectious diseases, but according to Dr. Carrel's recent investigations the "accidents" are there none the less.

Dr. Carrel has uprooted the old and accepted notion of a death principle or the philosophic delusion that even at birth there lurks in life an element of decay. It is not true.

There is no cycle in life from its origin up to a sure decay. The fact that living structures, the textiles of a living fowl or the vital anatomy of a man, can be kept alive, sprouting, growing and multiplying in a flash, was discovered several years ago by Dr. Carrel.

The French-American savant has lately gone beyond this. He has found that living tissues may be kept alive and thriving outside the corporate limits of the body which once possessed them for ages and ages. In brief, bits of a live heart if placed properly in a proper pabulum, such as its own blood and in an incubator, will continue indefinitely to beat and to grow.

Curiously enough, the pulse of heart tissue can be counted, and can be seen to grow as if with the elixir of life and youth.

When Dr. Carrel, a year or more ago, first began these experiments, he found not only that the various bits of heart, liver and other tissues decayed and died, but that those taken from an old animal were feeble and sluggish, whereas those

which came from embryos and children were lively and vigorous.

He experimented until he found that the real difference between youth and age, multiplication and decay, was the over-accumulation within and around the living tissue of the waste products resulting from its own growth.

Instead of a "natural" death, these living structures died in the usual "accidental" accumulation of their own byproducts.

Thereupon it flashed into Dr. Carrel's thoughts that all living tissues in his laboratory might be kept alive by flushing them out with some fluid that would not injure them, by washing them with some soothing solution which would carry away every accumulation that was not itself alive.

Then the growing tissue which has aged and is about to decay is quickly transferred into new surroundings with fresh food, and lo! it is rejuvenated and grows as in the heyday of its youth. Whenever signs of inactivity and loss of vitality appear this process is repeated, and youth again blossoms forth in all its charm and glory.

Obviously, the lesson to mankind is beyond misunderstanding. It means that the same old crowds, the same old habits, the same old foods, the same old surroundings are all bound to make you grow senile and physically degenerated. If the same old professors stay in the same old school in the same old way the whole institution dries up.

If you meet the same relatives and make no new friends, do the same old routine work and allow yourself to be clogged up with the same old foods, threescore and ten will remain your limit.—*Dr. Hirshberg, in "Los Angeles Herald."*

It is a curious fact, and the most abstruse mystery that darkens our existence, how men should hold such a transcendent gift as thought in their hands, such a key to infinite pleasure, and show such painful reluctance to use it.—*Emerson.*

This department is open to all members of the Correspondence School, including those who have finished the course.

Exchange of ideas and power of expression are two of the benefits to be derived from a free use by the students of this monthly forum. Write whatever you think may be helpful to others who are studying along the same line with you. If you have questions to ask, send them in, but be sure that they bear directly on the lessons, or the application of the Truth in spiritual overcoming and teaching. Only pertinent questions will be considered; these will be printed in *Unity Magazine*, and students are invited to send answers.

The hearty coöperation of all the students in giving their best thought for the help of others will unify all in a broader and deeper consciousness of the Christ Body, and prepare them for more effective resititution work. We shall therefore be glad to hear from you, whatever word you may wish to give.

This school is not founded in any way on commercial methods. There is a Divine Law of giving and receiving, and we keep this law, giving fully and freely, and expecting to receive in the same manner. All our compensation, therefore, comes as freewill offerings. The request is sometimes made that we set a definite price upon the lessons, but this we cannot do. Truth is priceless from a money standpoint. It cannot be bought for gold and silver. It must be given. Then the law recompenses the giver through those who receive. What one individual gives is not a standard for another. Each should give according to his faith and sense of justice. And no one should be without the Truth from an idea of lack. If you are burdened with the thought of poverty, you need the lessons to free you and help you into the understanding of God as your All-Sufficiency.

This law that equalizes and balances all things, including service and compensation, is taken up in the course and given attention as one of the vital points in spiritual understanding and demonstration.

The school is open always, and students may enroll at any time.

Address Unity School of Christianity, Correspondence School Department, Tenth and Tracy Avenue, Kansas City, Mo.

BIBLE STUDY

Second Day's Creation, as Recorded in First Chapter of Genesis, of the American Revised Bible: Its Interpretation and Application in Individual Consciousness.

6. And God said, Let there be a firmament in the midst of the waters, and let it divide the waters from the waters.

The second day's creation is the second movement of Mind. The central idea in this day's creation is the establishment of a firmament in the "midst of the waters" dividing the "waters from the waters." "Waters" represent unexpressed possibilities in Mind. There must be a *firm* starting point established. This point or "firmament" is Faith moving upon the unformed capacities of Spirit consciousness. The Divine *Logos*—God in his capacity as Creative Power—gives forth the edict, "Let there be a firmament." The first step or "day" in creation involves "light," or understanding, and the second step, faith in the knowing quality of Mind.

7. And God made the firmament, and divided the waters which were under the firmament from the waters which were above the firmament; and it was so.

The Word is instantly fulfilled in Spirit. "And God made the firmament." This does not refer to the visible realm of formation, but to the mental image in Divine Mind. Divine Mind deals only with *ideas*. In every mental proposition we have an above and a below. Above the firmament is the unexpressed capacities (waters) of the conscious mind resting in faith in Divine Mind. Below the firmament is the unexpressed capacities (waters) of the subconscious mind.

8. And God called the firmament Heaven. And there was evening and there was morning, a second day.

The word "Heaven" is capitalized in this reference because it relates directly to Divine Mind. Faith (firma-

ment) established in consciousness is a state of perfect harmony, therefore Heaven. Again another degree of mind unfoldment has been fulfilled. "And there was evening and there was morning, a second day." The "evening" represents complement, and the "morning" following represents the *activity* of ideas in consciousness.

QUESTIONS AND ANSWERS

Explain I Cor. 1:18: "For the word of the cross is to them that perish foolishness; but unto us who are saved it is the power of God."

In the verse preceding the one quoted, Paul speaks of the "cross of Christ" being used in preaching the gospel. The "cross of Christ" is the denial of personality, with its mortal limitations. Jesus crossed out in the crucifixion all sense of himself as a human being, and demonstrated in the resurrection the power, mastery and dominion of the Christ Self. The "cross" is denial and unto them who are quickened of the Spirit, and who are bringing forth their Christ Self, it is the "power of God." Through denial material states of consciousness are dissolved and so the "cross" becomes a power through which good is established in those "who are saved." "To them that perish," the "word of the cross" is foolishness. Man, involved in personality, is not interested in denying himself. He must first receive the gospel of Truth and be quickened of the Spirit before he can appreciate the power of the cross and become a new creature in Christ.

Explain: "For thou shalt be recompensed in the resurrection of the just," and "Blessed is he that shall eat bread in the kingdom of God," as recorded in Luke 14:14-15.

Jesus was talking, in this instance, about feasting those who could not recompense you, because "they have not wherewith to recompense thee," but he goes on to assure his followers that they will be "recompensed in the resurrection of the just." Scriptural interpretation has no particular significance unless it be applied to individual consciousness.

The poor, unfilled thoughts in consciousness symbolize the needy ones. These thoughts cannot return to us any recompense until they are resurrected. All power is God in expression, though sometimes it is expressed in wrong relation to Divine Mind. In that God is all and in all, there is *in reality* no injustice, and we are recompensed when our thoughts are resurrected and return to us the increase of the feast of true ideas. Jesus' teachings represent the unfoldment of his own Christ consciousness, and are applicable to every individual. Resurrection of the just is continually going on in one who is unfolding his Godlike nature, for all ideas are being established in substance and the just, the underlying spiritual qualities, are brought into manifestation.

"Bread" symbolizes the pure substance of Spirit. Eating represents mental and spiritual appropriation. The kingdom of God is is the realm of Divine Ideas in man. He is abundantly blessed who eats or appropriates the pure substance of spiritual ideas, and makes them living consciousness.

Who are the angels spoken of in the New Testament?

Angels are the holy, spiritual ideas inherent in the being of man. Man comes in touch with the angels, or feels their presence, when he becomes conscious of the omnipresence of God. Ideas take form, and it is possible, in moments of high spiritual exaltation, for man to see in the without the manifestation of his ideas. Jesus communed with "angels" when he was in a state of spiritual exaltation. When he was being taken by the angry mob, he realized that he could call to his aid "twelve legions of angels," that is, he could call into activity all the spiritual powers of the perfected man, but he had a mightier work to do than to protect the self from bodily injury.

How can one truthfully make the statements, "I am the Son of God: I am the only begotten Son." I can understand how one can say, "I am a Son of God."

There is only *one* Son of God, that is, the Christ, the "only begotten Son." By Christ is not meant the man Jesus. Jesus demonstrated the Christ, and thus became the

Son of God in manifestation as well as in Being. This is the goal we all are seeking to attain. In Divine Mind there are not many men, but One Man Idea, which Idea is the Christ, or Son of God. This Man Idea individualized in Substance is *I Am*, and *I Am* established in consciousness is man made manifest. Therefore, every man, in reality, is *the* Son of God, not *a* Son of God. We are all one in the One Mind, and do not exist as individualities in Divine Mind. Man is the manifestation of the "only begotten Son" of God, or the Christ Idea Man, therefore he is *the* Christ of God. There are not many Christs. God is Spirit and man is Spirit, not *a* Spirit. In order that we may understand what we are in reality, it is necessary that we put ourselves right back in Being, and make our deductions from that basis.

POINTS TAKEN FROM "SPIRITUALITY, OR PRAYER AND PRAISE"

Lesson Seven, Part Two, of Unity Correspondence School Course, by JESSIE N. LEONARD, *a Student.*

1. *Explain the significance of the number twelve in the Scriptures.*

All Scripture has its inner or spiritual meaning, and when studied in the light of higher understanding, man has a sure guide to help him in finding his true self, the Christ within. The number twelve has an immediate application in its inner meaning to the newly awakened Christ consciousness. All of the Old Testament is symbolical of the wanderings and desires of man working out of darkness toward the Light (Christ Mind). We perceive how Moses and the twelve tribes of Israel, or Jacob and his twelve sons, may fairly represent man in his unregenerate state of consciousness. In the New Testament Jesus Christ and his twelve disciples symbolize man and his twelve faculties of mind, expressing through twelve centers of consciousness, or brain centers. When man is born of the Spirit and begins the process of regeneration, all his faculties are quickened and he is gov-

erned by the Christ principle. In his true estate man is the Christ, the head of the body.

2. *What is meant by the promise that the overcomer shall sit on thrones judging the twelve tribes of Israel?*

Symbolically, the twelve tribes of Israel (Is Real) represent the twelve centers of consciousness in man. These brain or idea centers are built up through ideas held in mind, ideas of like character being attracted to each other. These form centers of energy which can be drawn upon at will. The mortal state of mind has been brought about through random thinking and wasteful expression. In Divine Mind everything proceeds in order, so man, in order to overcome error states of consciousness, must take control of his thoughts and consciously work them into right relation. The Christ within becomes the directing head. All ideas are judged and brought up to the higher standard through the action of the Word of Truth.

3. *How is a new state of consciousness developed in man?*

Man comes into a new state of consciousness through the right relation of ideas, which results in his using all his faculties in a constructive manner. Instead of one brain he has twelve, each with power and intelligence to work perfectly. But there must be a directing head if there is to be harmony. All of God's work is done in order, so man first begins to arrange and organize his thoughts in a definite and harmonious way. The *I Am*, or Christ, goes through the body to each center, quickening, cleansing, healing, purifying the consciousness with the Word of Truth. Each little cell becomes charged anew with energizing, healing, abiding life, for the body, the outer expression of the mind, must be raised to a higher state of consciousness. The more earnestly and persistently we lay hold of Truth, as revealed by the Holy Spirit within, the greater will be the growth in the Christ image and likeness.

4. *Name seven of the Thought Centers of the body, and give their location.*

Spirituality center, situated at the top of the head; the Power center, located in the throat; the Love center, in the upper part of the Solar Plexus; the Substance center, at the pit of stomach (Solar Plexus); Order, located at the navel; Strength, at the small of the back, and the Life center, in the loins.

5. *What does the gathering of the disciples in the upper room symbolize?*

The disciples of Jesus gathered in the upper room awaiting the coming of the Holy Spirit, which had been promised. In like manner man gathers his disciples, his thought forces, into the upper room to receive a fresh inflow of Divine inspiration. In the upper room, or Spirituality center, individualized mind comes in touch with the Father Mind. From this center Divine energy is passed on to the other centers, doing its perfect work through mind and body.

6. *What faculties are represented by the disciples, Peter, John and Andrew?*

Peter represents Faith, and manifests through the pineal gland. John is Love, manifesting through the heart (Solar Plexus region), and Andrew is Strength, centralizing at the small of the back.

7. *How is death to be done away with?*

Death is sin, the absence of Light. All movement takes place first in mind, through the ideas held in consciousness. Death can only be overcome through the renewing of the mind, and establishing the consciousness that Life, as an attribute of God, is everywhere present and that there can be no absence of God anywhere in creation. Jesus said, "I, of mine own self can do nothing." So this renewing can only come through the action of the Christ Mind in us. Man creates and rebuilds through the use of his Word. The action of the Word of Truth is a transforming power, changing the substance of thought into the highest expression of spiritual Substance. Each little cell, instead of functioning for a time and then passing the way of the flesh, becomes quickened through the action of the ever-present, energizing

life built in through the Omnipresent Life idea held in consciousness. This abiding knowledge keeps every cell alive with quickening Life, and the body is transformed from corruptible mortal to the incorruptible of Spirit.

8. *What is the true method of prayer?*

Prayer is intercommunion with God. When we pray it is not with the idea of beseeching a stern parent for something that he is unwilling to give, or to placate an angry God. Prayer is the language of Spirit and through it we commune with our Father in the inner sanctuary of our being, that we may raise our consciousness to a higher plane, where we discern and appropriate spiritual ideas essential to the unfoldment of the spiritual man. Through this communion we receive the Holy Spirit, true ideas and revelations, which through cultivation become a part of consciousness. Every time we center our minds on the Absolute we raise the consciousness from limitation, and come into the freedom of spiritual Being.

9. *Where does man make first conscious union with God?*

Man makes first conscious union with God in the top of the head, or Spirituality center. This is the reason that in prayer man naturally looks up, away from himself. As the disciples of Jesus were gathered in the upper room, awaiting the descent of the Holy Spirit, so man calls his forces or disciples and in the silence of the upper room awaits the quickening that comes when he willingly unites his consciousness with Divine Consciousness.

10. *What is the object of praise?*

Since nothing can be added unto God, then it is because something is added unto man that the command was given, "Let the people praise thee, O God, yea let all the people praise thee." Praise liberates energy and enthusiasm. Man is aspiring to elevate his forces, therefore all his expression should be in harmony with Divine Law in order that the results may be lasting. Man broadens and enlarges his capacities through praise, for the law of praise is increase.

We cannot stand still, either we go forward or we lose ground; but by persistent endeavor the results are sure. We reap as we have sown and our words are fulfilled. "Then shall the earth yield her increase; and God even our own God, shall bless us."

11. *What is the effect of praise on man's body? On the earth?*

The effect of praise on the body is increase in all lines of bodily activity. The body is made up of myriads of little workers endowed with ability and intelligence to carry on their particular work. Through praise these are stimulated to greater activity and the energy thus liberated is molded into higher and more perfect form. Through the application of the law of praise we can bring all desired good, not only into our bodies, but into our environment. By laying hold of the everywhere-present Substance we mold it by our word into form. Jesus shows by demonstration that through understanding, faith, thanksgiving and praise he brought mighty works to pass.

The earth is a manifestation of ideas held in man's mind. The intelligence pervading all nature, as we call it, responds to the attitude of mind. Through love plant life responds; through praise nature brings forth more abundantly. Through the mind of man the earth will be redeemed from all imperfections and harmony, and order in creation restored.

12. *Why is it unwise to seek light and help from mediums and fortune tellers?*

Man, in seeking light and help outside himself, divides his mind by allowing it to be controlled by another. This is a kingdom divided against itself and will eventually fall. Man, as the offspring of God, is endowed with all wisdom and power, and through *I Am*, the Christ, is able at all times to bring this Divine inheritance into manifestation. Each must work out his own salvation and it is folly to intrust any of our obligations into the hands of another, for that puts off

the day of salvation for mind and body, and prevents the freedom of unfettered understanding.

13. *Why do their predictions sometimes come to pass?*

Faith, being the constructive power of thought, man brings into manifestation that in which he believes. People who consult mediums, and who have strong faith in the assertions and predictions of these so-called mystics, bring the prophecy into manifestation through their belief. "According to thy faith, be it unto thee."

14. *What is the true way for man to bring good to himself?*

Man makes all his conditions through the use of his ideas and words. True words (ideas) establish true conditions, for everything operates under law. Knowing that the law of praise is increase, we may bring about and establish any and all good we desire by applying this knowledge. We should praise God for the wisdom and ability in ourselves. We should expect and prepare for the good we desire. This attitude of mind molds the thought Substance and it takes form according to our faith.

15. *Where is the source of joy? Why have so many people been disappointed in finding it?*

Joy is a state of mind and its purity can only be partaken of by spiritual man. The overcomer tastes of it when he consciously expresses after the Divine pattern and brings forth the "fruits of the Spirit." In Divine Consciousness joy reigns, for all is unchanging harmony. So long as man clings to the finite and changing he will reap disappointment. Man innately longs for perfection. His higher consciousness is ever seeking for expression.

16. *What is the Universal Ether?*

The Universal Ether is the formless, pulsating energy permeating all things. From this Divine Substance all things are formed, and through the mind of man it is shaped and brought into visibility.

17. *How may it be brought into manifestation?*

Man's thoughts, acting upon this formless energy, shapes the form of its expression in the visible. Man's ideas and words are in the nature of seed, which take root and bring forth according to the idea.

18. *How can man make practical application of the law of praise?*

It is our attitude, our receptivity to ideas that make us what we are. As we come to understand that through rejoicing and praise we fulfill a creative law of our being, we should apply this knowledge and bring into our environment the blessings waiting to flow into expression. Health, prosperity, peace, all depend upon one's attitude of mind for expression. Praise the good and it appears, for we have named it. Praise and bless when there seems lack and we reclaim the ground that has not yielded perfect fruit. Keep the ideas of health, success and prosperity constantly before us, and bless and praise them, and these harmonious conditions will manifest. In this way we make practical application of the law of praise.

19. *Is it God's will for man to suffer?*

Man no longer looks upon God as the author of his unhappiness and misery. What man would condemn his child to a life of suffering with no chance of escape? "Shall man be more just than his maker?" In the Old Testament, which in symbol and metaphor describes man before he is quickened in the Christ consciousness, is told over and over again how man is punished because he follows after other gods and continually transgresses the Law. Jesus, the Wayshower, taught us how to keep the Law, and how to journey back to the Father's house. The law is exact and so long as we fall short in fulfilling it, correction will follow. God does not cause man's sufferings, for man brings them upon himself through ignorance and willfulness. We can choose whether we shall serve God or mammon. Let us, like Solomon, pray for wisdom that we may wisely follow after Truth and no longer bring misery and suffering into expression.

20. *Explain the truth back of Jesus' saying, "Pray believing that ye have received, and ye shall receive."*

Faith is the prime requisite in any attainment. We may say that faith is the channel through which the desired good is received, or the magnet which attracts to us the object of our desires. Although Jesus was ever ready to supply the external need, his mission and his teachings are for the enlightenment and unfoldment of the true or spiritual man. Spirit lives in the ever-present now. Time and place are conditions of man's creation and are mental barriers to his progress if given recognition. In Divine provision every idea of the mind of man is instantly fulfilled. Jesus proved again and again that he knew and could make the demonstration that "while they are yet calling I will hear." Man must correlate the desires of his mind with Divine Ideas, then by prayer or communion with the Father, and through understanding, faith and persistency he will fulfill the law as Jesus did. Then man can truly say, "All that the Father hath is mine."

THE UNCONQUERABLE SOUL

Out of the night that covers me,
  Black as the pit from Pole to Pole,
I thank whatever gods may be
  For my unconquerable soul.

In the fell clutch of circumstance
  I have not winced nor cried aloud,
Beneath the bludgeonings of chance
  My head is bloody, but unbowed.

It matters not how strait the gate,
  How charged with punishments the scroll,
I am the master of my fate,
  I am the captain of my soul.

—*William Ernest Henley.*

That which ends in exhaustion is death, but the perfect ending is in the endless.—*Tagore.*

SCRIPTURE INTERPRETATIONS

CHARLES FILLMORE

GENESIS 18.

FAITH IN things spiritual is not born full-orbed, but has its stages of growth in the soul. Man had no soul consciousness up to the time of Abraham. Abraham's history and all his experiences should be read as relating to the soul and not to externality. These are symbolized in the experience of Abraham, the typical man of faith and soul consciousness.

The early growths of faith are not very deeply rooted. Abraham lived in a tent, which illustrates that faith has not yet become an abiding quality of the consciousness. Through certain experiences and movements of the mind it takes a firmer hold—it establishes that firmament mentioned in first Genesis.

Some of these movements of the mind are described in this text and in order to understand them it is necessary to consider the entire chapter. "He lift up his eyes and looked, and lo, three men stood over against him." Faith must lift its perception above material things, and persistently look to the spiritual as the source of all, then it will perceive Divine Truth in its triune aspect. Of the "three men" the Lord is always the central figure. We must not lose sight of the One Mind as the Omnipresent Source of all, yet this One is manifest as soul and body, or consciousness and substance. This is symbolized in the lesson by the water for washing the feet, which refers to the consciousness, and the necessity of purifying it through denials. The bread for the "comfort of the heart," represents the substance in its relation to the affections, and the necessity of affirmation for soul growth (eating bread). This trinity of movement is carried throughout the lesson. Abraham talks to the three men as if they were one man, whom he addresses as "My lord." This One is *I Am.*

If in our faith in Spirit we receive the higher ideas, and

entertain them as if they were realities instead of "figments of the imagination," as the faithless term them, we thereby open the way for a new state of consciousness. Sarah and Abraham were promised a *Son*. These new births that take place in the mind are always symbolized by the advent of an infant. If you dream of a baby you may know that you are coming into a new consciousness along some line of your unfoldment.

But the man of faith is not yet out of his sense consciousness. Sodom means "hidden," representing a concealed or obscure thought or habit of man. Gomorrah means "a rebellious people," or a state of mind adverse to the law of Spirit. These wicked cities of the plain are located within man, and before he can come into a realization of the promised "son" he must consent to the thorough purification of his consciousness from these sins. This purification is by fire, and it must be complete.

We try hard to save some of our sense thoughts and secret habits. We have indulged them so long, and our ancestors before us beyond the memory of man, that we cannot help thinking that there is some good in them. "And Abraham drew near and said, Wilt thou consume the righteous with the wicked? Peradventure there be fifty righteous within the city: wilt thou consume and not spare the place for the fifty righteous that are therein?" The Lord agreed to spare the city if fifty righteous be found in it. Then Abraham begged that it be spared if forty-five righteous be found, which was consented to; then forty, then thirty, then twenty—until he got down to ten, but there were not even ten righteous, and the cities had to be destroyed.

Sodom is the lowest form of sense desire in the procreative center. Sodomy is to this day the synonym of an unmentionable sin. Yet the spiritually minded Abraham persisted to the last that there was some good in it.

This tendency to plead for the good in sense habits is characteristic of man's development. We cannot conceive why these functions that seem so necessary to the reproduction of the race should not be under the Divine Law. We have

not yet awakened to the fact that they are, in the external expression, a degenerate imitation of the Divine Law of reproduction.

We do not quickly see the spiritual truth, and protest that there is good in sense functions. In the early stages of the work we perceive a very large proportion of good, but as we go on in spiritual discernment it grows gradually less until it is cut down to one and a cipher. Even this ten is not proven, because only Lot and his wife and their two daughters were found righteous in that city. These escaped and the city was destroyed.

Error must be wholly wiped out of consciousness, and the sooner we accept the fullness of the Divine Law, the quicker will we arrive at the door of the kingdom. Do not hold to your so-called natural functions as divine. There are great mysteries in human consciousness. The race has gone through strange experiences, and wonderful revelations come to those who get beneath the surface of things. There walk the earth today those who could startle the world with revelations of truth going on right under the eyes of men, yet which they see not. Turn your back resolutely on all forms of sense thought and you will gradually discern the light that shines *within the light.*

Genesis 26.

How to claim and possess his own, and at the same time live in peace, is a problem the Christian has to demonstrate. The way of the Lord is a joyous, happy way, and those who continually seek to follow the guidance of the Spirit, through their faithfulness attain that state of mind represented by Isaac, whose name means *laughter.* A true Christian has an inward joy that the worldly minded know nothing of. It is the result of the union which the soul has made with the spiritual sources of life. There is a perpetual inflow of pure life essence, through the inner centers of consciousness, coming originally from Christ. "That my joy may be in you."

From one viewpoint the Christian initiate is a great warrior. Paul was naturally a fighter, and his language is

freely interspersed with military figures, yet he was a man of peace. Jesus laid down the law of non-resistance as it was never laid down before, yet he cast the money changers out of the temple.

This spirit of war in Scripture characters is reconciled to the peace premise when we understand that all their conquests were over self, and their battles were for the possession of the life, love and liberty in their own characters. When we fight the sins of sense within ourselves, the war does not kill our neighbor nor in any way interfere with his possessions. In fact, such battles always give peace to the world. If you overcome your acquisitiveness it may redound to the benefit of the neighbor whose possessions you coveted. When Jesus cast out of his temple that inherited Jewish trait that makes profit by changing money from one hand to the other, he elevated the whole race, and showed us that the spiritually minded do not seek to make gain out of religion.

Isaac, the happy man of the Lord, had great possessions of flocks and herds. These are the inner animal forces, which are increased amazingly when we are in joyous states of mind. Deep-seated sorrow stops the action of the heart and retards the circulation of the blood, while joy sends the life flood bounding to every part of the organism.

Joy also opens up inward sources of life (wells) that have been covered up by thoughts (Philistines) in opposition to the good. It does not have any strife with opposition, but moves on from place to place, always leaving its impress of joy on the old wells of its forefathers.

Genesis 28.

Taking a wife represents a unification of the *I Am* with the affections. Jacob was admonished to go to Padan-aram (table-land) to the house of Bethuel (unity with God) and take a wife from the daughters of Laban (white, pure, shining). This points the way to a unification with the Love Principle in its higher aspects. Exalted ideas, Divine aspirations and pure motives are here designated as necessary to that union with the soul which the *I Am* is about to make.

The various changes that are perceived as a possibility

are realized through experience. When we are going through the experience leading up to a new and higher state of consciousness, we often do not understand it. Jacob lighted upon a certain place in his journey where it was night and the sun was set and the place was stony, and he fell asleep. These symbols are plain to the one who has, without the light of spiritual understanding, passed through some material experience.

But the Lord finds a way to encourage the faithful one, and right in the midst of materiality and darkness of understanding the "visions of the night" reveal the ladder leading from earth to heaven, and the angels of God (spiritual thoughts) ascending and descending upon it. The poet says, "We rise on stepping-stones of our dead selves to higher things." Jacob recognized this truth and appreciated that the hard experience through which he was passing was good. So he took the stone he had used for a pillow and made a *pillar* of it. Instead of whining over his adversity he blessed it and made it a sustaining point in his mentality.

"Surely the Lord is in this place; and I knew it not." Jacob was awestruck by this tremendous thought of Omnipresence. What seems commonplace may be the house of God; and thinking some true thought or doing some loving act may be the gate to heaven. The vow of Jacob to be more faithful to God, and to give him one-tenth of all that he received, is a recognition of God as the source of all that man requires, and also that there shall be a constant reminder of this fact; hence the agreement to give back the tithe. Those who practice this testify that it leads to an understanding of the relation which God bears to temporal affairs, that can be had in no other way. When one feels that he has God for a partner in all his finances he is never afraid of failure or lack. "Then shall the Lord be my God."

Genesis 32.

All through the Bible life is compared to a battle; yet not war—"the battle is the Lord's." The Lord does not

fight ignorance and evil, but the foundation of all existence being Good, the Law is constantly reducing all error to its exact standard. Man goes forward in consciousness—the soul and the body constantly becoming more refined under the Law of the Spirit, and there seems to be a struggle with adverse conditions, evil, materiality and ignorance.

In this ongoing the higher principles forge ahead and establish states of consciousness and gather possessions that are afterwards distributed to the lower. Jacob represents the soul rich in possessions on an advanced plane of consciousness. But a time comes when an evening-up process begins —the body (Esau) must be given some of the riches of the soul. But the soul does not like to enter the struggle necessary in overcoming material habits. The "ford Jabbok" means *struggle*, and the inference is that it was hard for Jacob to put away all the things he loved and enter the invisible and wrestle alone with the forces of the subjective consciousness.

The life in the subjective consciousness has several planes of action. In the deep recesses of the nerves it sends its energy to and fro, coming to the surface here and there in flesh and blood sensation. There is a strong man down there whom the average personality knows little about. He lives so far below the plane of common consciousness that the majority go from the cradle to the grave without becoming acquainted with him. This man is Pure Nature—the foundation of the body. Without him we could not make a form, and it is his tenacity that keeps our organisms intact. He belongs to Nature, and when the individual attempts to control him and lift him up, there is resistance.

The mind controls the body through the nerves, and a great nerve leader, the *sciatic*, runs down the leg through the hollow of the thigh. The *will* acts directly through this nerve and when the individual (Jacob) exercises his *I Am* power upon the natural man in an attempt to make a unity between the Spirit above and the Divine Natural within, there is a letting go of human will—Jacob's thigh is out of joint.

SUNDAY LESSONS

CHARLES FILLMORE

SUNDAY, FEBRUARY 24

COMMANDMENTS—DUTIES TO GOD.—Exodus 20:3-11.

SILENT PRAYER: *God is Spirit, and they that worship him must worship him in spirit and in truth.*

3. Thou shalt have no other gods before me.

There can be but the One Supreme Mind, "in you all, and through you all, and above you all." But it is possible for one with a theoretical understanding of the truth of being to have other gods. Some metaphysicians have other gods than the One God. There is the money god, the family god, the god of pride and ambition, and other deities of less degree. These often occupy so much space in the mind that the God who is Spirit finds but small place there. The one Supreme Good should always have first place.

4. Thou shalt not make unto thee a graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth.

Do not imagine God as having a material form, not even a limited idea in mind, nor location in substance, nor in conscious thought. God is Spirit—"without body, parts or passions"—transcending all forms and forces of man consciousness, both visible and invisible.

One would think it utterly impossible for a metaphysician to make a graven image of the God who is Spirit, yet it is possible. When we imagine God to be in any way limited in capacity we are making him material, that is, a "graven image." To think of God as present in some places and not in others gives him locality, which implies form and shape—a "graven image." If we fall short in any respect in realizing the meaning of the omnipotence, omniscience and omnipresence of Deity, we make a mental "graven image."

5. Thou shalt not bow down thyself unto them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children, unto the third and the fourth generation of them that hate me;

6. And showing mercy unto thousands of them that love me, and keep my commandments.

Do not worship or give power to erroneous ideas about God. God is *one*, and should never be imagined as duality. A departure of this unity from the Divine Mind leads to a consciousness of Spirit as cause and effect. Here the law of action and reaction holds sway. Sin is followed by punishment when the law is opposed, and rewards meted out to the good. This is the realm of the "jealous God"—the place where good and evil are warring one against the other. Avoid this consciousness and rest in the Supreme Bliss.

People ask how heredity can be true in mind. Bless you! it is only true there. Memory is necessary to heredity, and only mind remembers. Matter does not transmit conditions from body to body; it is *mind*, and only mind. Bodies are the ground in which mind sows its seeds, and that seed is the thought, or word. "The seed is the word." Whatever the fathers think, whether it be good or evil, the children bring forth generation after generation. This is an inherent law of being, and it perpetuates beyond the fourth generation in those who fail to change their minds. But through obedience to the Supreme Law, and *love*, the mind is transformed and mercy shown upon the redeemed body.

7. Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.

Do not take away from the One Mind its true character, nor add to it that which does not belong to it. If you hold wrong ideas of God you will suffer the consequences in body and affairs. God does not punish you, but your own erroneous thoughts do.

8. Remember the sabbath day, to keep it holy.

9. Six days shalt thou labor and do all thy work:

10. But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates:

11. For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day and hallowed it.

The sabbath day in mind action is that consciousness of completeness which should follow every declaration of Truth. The six days of labor are six degrees of realization which are revealed to the mental worker. When these steps have been taken, one should declare the work finished, and rest with the assurance that the law has been fulfilled and man's work completed.

The sabbath day is kept by the devout in dwelling in thought upon the *rest* that is now established in Divine Mind for all who believe in weariness. "Come unto me, all ye that labor and are heavy laden, and I will give you *rest.*"

SUNDAY, MARCH 3

COMMANDMENTS—DUTIES TO MEN.—Exodus 20:12-17.

SILENT PRAYER: *The Divine Law is fulfilled in my understanding, and carried out in all that I do.*

12. Honor thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.

Duties toward men and duties toward God go hand in hand. If men but knew it they could eliminate nine-tenths of their study and efforts to fulfill this law of righteousness, by establishing first a right relation between the individual and God.

Honor God and as the day follows the night you will honor your parents. Think of the loving Father always with you, and your mother will never complain of your ingratitude or lack of loving obedience.

Jesus said, One is your Father, even God. Spiritual man always recognizes God as his Father. This gives length of days in the land and eternal life everywhere.

13. Thou shalt not kill.

If we apply the same rule to this commandment that Jesus did to the seventh, we shall be guilty of murder if we in our hearts condemn to death any man or woman. It is quite common to hear the reader of the daily crime calendar

say of some heinous murderer, "That man ought to be hung." Thus the murderous thought goes forth on the wings of the all-pervading thought-stuff in which we live, and may find lodgment in some susceptible mind and cause him to commit crime. Be careful what you think. That which is thought in the "closet" (secret consciousness) shall be declared upon the "housetop" (outer expression).

God is the life of all that lives. Whoever slays the temple of that life, with the thought that he is destroying life, is trying to kill God. "Who lives by the sword shall die by the sword." A destructive thought produces destruction in the one who generates it. "Thou shalt not kill," covers every phase of manifest life. If you want long life, protect the life about you in all its forms. Do not have anything to do with destructive thoughts in mind or in form. This, carried to the ultimate, will make you an abstainer from all animal food. It is the *thought* that counts. The destructive thought that goes out with the slaying of animals, and the terror and fear of death that invisibly vibrates through the flesh, is what makes the eating of killed things dangerous. Thus man is bound to protect life in order to protect himself. You may not be cruel enough to kill even an oyster, but the accumulated filth of that little scavenger of the sea will protest in your stomach and help along your nervousness.

14. Thou shalt not commit adultery.

Everybody knows the effect of adultery in its mortal sense, and never has a race been found so degraded as to ignore its law. It is implanted in the innermost recesses of the human mind, and woe be unto him who trangresses it. It was not necessary to write a scripture to call men's attention to the mortal law—it is the spiritual law that needs attention. It is the adulteration of Truth that makes possible the sense adulteration. The mixing of the Absolute and the relative, without proper discrimination and classification, is adultery. Judas was an adulterer in that he did not see the spiritual character of the Christ, but mixed it with temporal authority and commercialism.

Thus adultery is a very widespread sin, and in sense understanding of the Law of Being man is not able to distinguish between the Absolute plane of consciousness and the relative. Jesus illustrated this by asking those without sin to cast the first stone at the guilty woman, and not one responded. Like he forgave this woman, the Lord forgives us our ignorant shortcomings, but the command, "Sin no more," is still ringing in our ears. Every sin brings its penalty.

Jesus said that whoever looked upon woman to lust after her had already committed adultery. This is metaphysical enough to satisfy the most abstract interpreter. It reveals the grasp the Master mind had upon formative processes. The thought is of first importance in every issue. If one never thought evil he surely would never do evil.

15. Thou shalt not steal.

A mother whose son became a great thief admitted that before his birth she had often planned to take the money she needed from her husband's pockets when he slept; but she said she never carried out her plan. She stole just the same, and her son committed again and again the acts which she merely conceived in mind. The one who plans crimes, yet never carries out his designs, is frequently the guilty one. The overt act may be committed by another who has no idea where the impulse came from that moved him to do wrong.

Theodore Parker said that if the good deacons who confessed their sins in prayer-meeting told the truth they ought to be sent to state prison. The fact is, there is slight difference between the men in the state prisons and those free on the streets. The human thought back of commercialism leads right up to stealing. Stealing is taking that which does not belong to you. Under the Divine Law, which is the only law, man has the right to use everything, but to possess nothing. Thus all claim of ownership is stealing in the sight of God. It is stealing to strive to get anything without giving an equivalent. If you make the getting of money a dominant object in your life you will eventually

steal to satisfy it. Start with the proposition, "I am going to do the will of God," and your own will come to you.

16. Thou shalt not bear false witness against thy neighbor.

We bear false witness against our neighbor when we pass judgment upon him from the material viewpoint instead of the spiritual. The personality is but a very small part of the real man, and we cannot base upon it any true estimate of character. "Our neighbor" is not necessarily the one next door—our nearest neighbor is our own personality. We should be careful not to bear false witness against it. "Judge not according to appearance." Find the true spiritual estimate of yourself, and hold to it as the real.

17. Thou shalt not covet thy neighbor's house, thou shalt not covet thy neighbor's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor anything that is thy neighbor's.

To covet a thing is to desire it regardless of whether we are entitled to it or not. One who understands the law of absolute justice knows that disaster is sure to follow the possession of anything which has not been earned by the possessor. The one safe affirmation is, "My *own* shall come to me."

Sunday, March 10

THE GOLDEN CALF.—Exodus 32:1-8.

1. And when the people saw that Moses delayed to come down from the mount, the people gathered themselves together unto Aaron, and said unto him, Up, make us gods, which shall go before us; for as for this Moses, the man that brought us up out of the land of Egypt, we know not what is become of him.

2. And Aaron said unto them, Break off the golden rings, which are in the ears of your wives, of your sons, and of your daughters, and bring them unto me.

3. And all the people brake off the golden rings which were in their ears, and brought them unto Aaron.

4. And he received it at their hand, and fashioned it with a graving tool, and made it a molten calf: and they said, These are thy gods, O Israel, which brought thee up out of the land of Egypt.

5. And when Aaron saw this, he built an altar before it; and Aaron made proclamation, and said, Tomorrow shall be a feast to Jehovah.

6. And they rose up early on the morrow, and offered burnt-offerings, and brought peace-offerings; and the people sat down to eat and to drink, and rose up to play.

7. And Jehovah spake unto Moses, Go, get thee down: for thy people that thou broughtest up out of the land of Egypt, have corrupted themselves:

8. They have turned aside quickly out of the way which I commanded them: they have made them a molten calf, and have worshiped it, and have sacrificed unto it, and said, These are thy gods, O Israel, which brought thee up out of the land of Egypt.

SILENT PRAYER:—*I am lifted up to spiritual consciousness and abide in Divine Mind.*

The Scripture narrative is that Moses went up into the mountain again to get the commandments in more permanent form, written on tables of stone. This going up into the mountain to receive the Divine Law represents the high, exalted state of mind one must attain before the inspiration of the Spirit can be received. Talking with God is based upon mental laws, which, once complied with, make the communion comparatively easy. But the mind must be put in right order before it can receive the thoughts of the mathematical God. "God is Spirit, and they that worship him must worship him in spirit and in truth." When the mind of man is filled with thoughts of materiality it cannot receive the ideas of Divine Mind, which are spiritual. If you want to communicate with the Great Absolute you must fill your mind with absolute ideas, then like will attract like, and your thought will blend with the thought of God, and the son will understand the Father.

Everyone who desires to grow in Spirit should make daily pilgrimages to the mountain of solitude. It is not necessary to go out of your room, simply go up in thought. Go into the "silence," meditate, pray, affirm the presence and power of the Omnipotent Good always with you. This is a necessary mental discipline. A great preacher, Joseph Parker, said: "Every minister, every teacher, every believer needs periods of solitude and communing with God; away from the fray, the battle, the race, but receiving nourishment, nutriment, inspiration, comfort, and even words to express

the divine thought. And coming back from the mountain of contemplation he touches life with a steadier hand, and does his duty with a completer obedience and more radiant cheerfulness."

But don't stay on the mountain top too long to the neglect of the thoughts below; for if you do, they will seek another base of inspiration and make it their highest ideal, instead of the Truth. This is the meaning of the making of the golden calf by Aaron, who represents the high priest of the intellectual consciousness. The ears represent the obedience and receptivity of the mind, and the giving to Aaron of the jewels of the ears means that the ideals were poured out upon the intellect and the intellect concentrated them into a state of consciousness on the natural (calf) plane. This is idol worship and results in the materialization of the whole body.

When the intellect is the center of consciousness, and all the jewels of the mind are poured into it, not only one, but many golden calves, or material mental structures, are built up and bowed down to. The greatest of these in our day is the calf of gold, around which the people eat and drink and play, oft proclaiming, "These be thy gods, O Israel, which have brought thee up out of the land of Egypt." There is a very widespread idea that it is through the power of money that man is developed from ignorance to wisdom. On every hand we hear people talking of the great good they could do to the race if they only had money to carry out their plans.

This is worshiping the golden calf—making material things greater than spiritual. This idea must be ground to powder in the mind, as Moses ground the golden calf, before the true method will be put into action. God is your sufficiency, and if you are willing to obey his law the way will open to you and all your plans be worked out in just the right way, and money will come to you as servant instead of master. People who are striving to get money and then go into the Lord's work are worshiping the "golden calf." They are doubting God's providing capacity, and

their ideas along that line will be ground to powder. The great work of the Lord has always been done by those who were willing in the beginning to serve, as did Jesus, Paul and the long line of reformers, whose only capital was the Spirit of God.

SUNDAY, MARCH 17

BEGINNING THE ETERNAL BODY.—Exodus 40:1-13.

1. And Jehovah spake unto Moses, saying,

2. On the first day of the first month shalt thou rear up the tabernacle of the tent of meeting.

3. And thou shalt put therein the ark of the testimony, and thou shalt screen the ark with the veil.

4. And thou shalt bring in the table, and set in order the things that are upon it; and thou shalt bring in the candlestick, and light the lamps thereof.

5. And thou shalt set the golden altar for incense before the ark of the testimony, and put the screen of the door to the tabernacle.

6. And thou shalt set the altar of burnt-offering before the door of the tabernacle of the tent of meeting.

7. And thou shalt set the laver between the tent of meeting and the altar, and shalt put water therein.

8. And thou shalt set up the court round about, and hang up the screen of the gate of the court.

9. And thou shalt take the anointing oil, and anoint the tabernacle, and all that is therein, and shalt hallow it, and all the furniture thereof: and it shall be holy.

10. And thou shalt anoint the altar of burnt-offering, and all its vessels, and sanctify the altar: and the altar shall be most holy.

11. And thou shalt anoint the laver and its base, and sanctify it.

12. And thou shalt bring Aaron and his sons unto the door of the tent of meeting, and shalt wash them with water.

13. And thou shalt put upon Aaron the holy garments; and thou shalt anoint him, and sanctify him, that he may minister unto me in the priest's office.

SILENT PRAYER: *The Substance of my life and my body is spiritual and eternal, and I now enter into the consciousness of this substance in its wholeness.*

The Tabernacle represents the temporal body of man. "The putting off my tabernacle cometh swiftly" (II Peter 1:14). It represents the temporary body as the temple does the regenerated, permanent body. In the wilderness

of sense man worships God in a tent, or temporary, transitory state of mind, which makes a perishable body. Yet in this flimsy structure are all the furnishings of the great temple that follows. The outer structure was cloth, but the altar, laver, candlestick, ark of the covenant, and all the inner utensils were of gold and silver and precious woods. This means that the central functions of the body are enduring, and that it is the fleshly covering that is so perishable. When the Lord commanded the building of this temporary structure there was a promise of a permanent one. So the body of every man is the promise of an imperishable one, even the body of Christ.

The setting up of the tabernacle means the establishing of a new state of consciousness. Man builds his own mind, his character and his body—God furnishes the design. The tabernacle was built after the "pattern shown in the mount" to Moses.

The first step toward the building is the giving of gifts (Ex. 25:1-9). A great variety was called for, and those too poor to give jewels, gold, silver or bronze, could give spices, oil, skins, or linen, or help cut the boards. The gifts must be willing ones from the heart (Ex. 25:2). We are here shown that we must give up the material ideas of value before we can build the spiritual. But these material ideas have back of them the substance which is converted into the new. Nothing is lost in the divine economy. Every experience leaves its form in the soul, which, in the divine alchemy, may be converted into gold for the tabernacle.

"The first day of the first month" means that you shall begin right where you are.

"The tabernacle of the tent of meeting" means that a definite point shall be established in consciousness where we tabernacle or *dwell* in the Universal Substance of Being, which moves as a tent wherever we go.

"The ark of the testimony" is the remembrance of God's promises, which are sacred and peculiar to each soul. No human hand is allowed to touch this ark of the covenant. In it we have stored that indefinable "spark" which links us

to God. No human thought should enter its sacred precincts, which should be kept veiled from all eyes.

"The table set in order" represents a definite arrangement of thought in communing with the Spirit. This table had upon it two golden dishes, upon each of which were piled six loaves of bread; which means that we should realize that the substance of Spirit perpetually supplies the twelve faculties of mind. The candlestick and its seven lights are symbolical of the Divine Intelligence which lights the seeming darkness within.

But this temple was to be the inheritance of those who were faithful. Faith must also become substance. Before we can enter into the consciousness of an eternal body we must vitalize with our concentrated thought every part of the temporal body in its inner processes. The table that was to be set up represents the orderly appropriation of the daily needs, and the bringing in the candlestick and lighting the lamps thereof, is the establishing in the inner consciousness of the Divine Intelligence.

The golden altar for incense, the altar of the burnt offering, etc., are the establishing of permanent resolutions of purity, and covenants with the Higher Law of obedience and conformity thereto, though it cause daily sacrifices.

The laver with water therein is the word of denial ever at hand ready to cleanse every impure thought that comes into consciousness.

The court round about is the outer realm of thoughts which have not yet been spiritualized.

"The anointing oil," is the thought of love, which is poured over all, making it holy or a perfect whole. "Love is the fulfilling of the law."

The bringing of Aaron and his sons to the door and washing them with water means that we shall declare *Spiritual Strength* as the presiding, directive power of this new state of consciousness—not a mere animal strength, but a strength washed clean and purified from all the grossness of sense. This declaration of Strength is absolutely necessary to the permanency of our tabernacle. Through it

there is an abiding thought action set up that continues while our attention is elsewhere. Aaron continues to "minister in the priest's office."

SUNDAY, MARCH 24

SPIRITUAL FOOD.—Exodus 16:4-15.

4. Then said Jehovah unto Moses, Behold, I will rain bread from heaven for you; and the people shall go out and gather a day's portion every day, that I may prove them, whether they will walk in my law, or not.

5. And it shall come to pass on the sixth day, that they shall prepare that which they bring in, and it shall be twice as much as they gather daily.

6. And Moses and Aaron said unto all the children of Israel, At even, then ye shall know that Jehovah hath brought you out from the land of Egypt;

7. And in the morning, then ye shall see the glory of Jehovah; for that he heareth your murmurings against Jehovah: and what are we, that ye murmur against us?

8. And Moses said, This shall be, when Jehovah shall give you in the evening flesh to eat, and in the morning bread to the full; for that Jehovah heareth your murmurings which ye murmur against him: and what are we? your murmurings are not against us, but against Jehovah.

9. And Moses said unto Aaron, Say unto all the congregation of the children of Israel, Come near before Jehovah; for he hath heard your murmurings.

10. And it came to pass, as Aaron spake unto the whole congregation of the children of Israel, that they looked toward the wilderness, and behold, the glory of Jehovah appeared in the cloud.

11. And Jehovah spake unto Moses, saying,

12. I have heard the murmurings of the children of Israel: speak unto them, saying, At even ye shall eat flesh, and in the morning ye shall be filled with bread; and ye shall know that I am Jehovah your God.

13. And it came to pass at even, that the quails came up, and covered the camp: and in the morning the dew lay round about the camp.

14. And when the dew that lay was gone up, behold, upon the face of the wilderness a small round thing, small as the hoar-frost on the ground.

15. And when the children of Israel saw it, they said one to another, What is it? for they knew not what it was. And Moses said unto them, It is the bread which Jehovah hath given you to eat.

SILENT PRAYER: *I am in spirit the living bread which came down out of heaven.*—John 6:51.

According to the record, the children of Israel wandered in the wilderness for forty years on their way to the Promised Land, although the journey might have been easily accomplished in forty weeks. The reason is given in Deuteronomy 8:2, 3:

And thou shalt remember all the way which the Lord thy God led thee these forty years in the wilderness, to humble thee, and to prove thee, to know what was in thine heart, whether thou wouldest keep his commandments, or no.

And he humbled thee, and suffered thee to hunger, and fed thee with manna, which thou knewest not, neither did thy fathers know; that he might make thee know that man doth not live by bread only, but by every word that proceedeth out of the mouth of the Lord doth man live.

When under spiritual discipline we should accept without murmurings whatever comes to us, and try to find the mental cause. We do not go direct to the Promised Land, because we are ignorant of the law of existence. We reduce life to a physical instead of a metaphysical basis. We try to solve the problem of life in material ways instead of spiritual, and thus continually fall short. So we wander to and fro, here and there, searching for a way out of our difficulties, yet ignoring the only way, which is an adjustment of our thoughts to Divine Mind. The soul of man is a mental thing, and its growth depends upon spiritual food—thoughts and words of truth.

The Lord is really striving to make himself known to our confused thoughts, and when we cry out in our sense of lack there is an invisible outpouring and temporary satisfaction. We are not always aware of the source, but we know that we have in some unseen way been fed inwardly.

When we have perceived the fullness of strength which is ours in Spirit, we then have to deal with a wilderness of earthly thoughts which are opposed to or at enmity with this truth. These bodily thoughts tell us that there is a weakness, that they are starving. They murmur against the Truth and the Word, and long for the fleshpots of Egypt.

They want a more visible manifestation of the strength of Spirit.

"Then said the Lord unto Moses, Behold, I will rain bread from heaven for you; and the people shall go out and gather a day's portion every day, that I may prove them, whether they will walk in my law, or no." This rain of bread from heaven is the descent into consciousness of ideas that take form in body and actually feed the flesh man. To eat of the quails in the evening is to realize that strength is not material, that it rises above physical law and soars into the higher atmosphere of the Spirit. No matter what the labors of the day have been, go to sleep with this realization in mind, and you will never suffer from fatigue. The manna in the morning is the realization that the Divine Substance is everywhere present, in every part of the consciousness, in the wilderness, the confusion of sense, as well as in the harmony of Spirit. "In the morning ye shall be filled with this bread, and ye shall know that I am the Lord your God."

When you wake in the morning, lie quietly and realize the Divine Substance; then see it through your imagination in every part of your organism. Fill yourself full of it before rising, and the day's work will be a joy. Remember that it is strength from the Lord. Let no thought of personal selfishness enter in. Do not try to gather more than you can use with the idea that you can store it up; it will spoil on your hands if you do.

When we are obedient to the Divine Law, having cast out of our minds all error, the heavenly substance will be ours consciously all the time. But we shall not attain this condition by murmuring against the law, nor calling blindly upon the Lord. We must patiently and earnestly strive to overcome our errors, our sins, our shortcomings. Then the Word of God will create in us a new man, and we shall know that there is a life and substance of an abiding nature, which Jesus Christ manifested, and of which we can also partake through him.

SOCIETY OF SILENT UNITY

"Be still, and know that I am God."

INSPIRED BY THE SPIRIT OF TRUTH

The Society of Silent Unity is the Absent Healing Department of the Unity work.

It has members everywhere, and helps them in every need of life.

You can become a member of this Society and receive its help, if you have faith in the power of God.

We will pray to the Father in secret and he will reward you openly. This promise is being daily fulfilled in this work.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you, full measure, heaped up, pressed down and running over."

All letters are confidential.

UNITY SCHOOL *of* CHRISTIANITY
SILENT UNITY DEPARTMENT
Tenth Street and Tracy Avenue, Kansas City, Mo.

CLASS THOUGHT

February 20 to March 20, 1918
Held daily at 9 p. m.

The Christ word is now here casting out sin and healing the sick.

PROSPERITY THOUGHT

February 20 to March 20, 1918
Held daily at 12 m.

I am now conscious of the Christ abundance heaped up, pressed down and running over.

THOUGHTS FOR DAILY MEDITATION

The following are the texts to be used by the Silent Unity workers at Kansas City, Missouri, in the 10 a. m. Silence from February 16 to March 16, 1918:

February 16 to March 1—Proverbs 2:6, 9, 10: "In all thy ways acknowledge him, and he will direct thy paths. Honor Jehovah with thy substance, and with the first-fruits of all thine increase; so shall thy barns be filled with plenty, and thy vats shall overflow with new wine."

March 1 to March 16—John 8:28, 29: "When ye have lifted up the Son of man, then shall ye know that I am he, and that I do nothing of myself, but as the Father taught me, I speak these things. And he that sent me is with me; he hath not left me alone; for I do always the things that are pleasing to him."

EXTRACTS FROM LETTERS

These are extracts from letters that Silent Unity has written to those who have asked our help in finding and obeying the Divine Law of Life. There is a point in every paragraph that will help someone.

Living Truth is becoming more and more satisfying, and I sincerely love and thank you all, and the Spirit of Truth, for the help you are giving me in getting established in the consciousness of the spiritual reality of life.

The almost ever-present desire in my mind is for purity. Eventually, of course, I shall be Christ-pure, but it seems to me that the work could be hastened, if there were more clearly outlined instructions given out by those who have gone before, and who have overcome the idea of sex. As I progress in Truth it is necessary to establish different relations with women. I find that keeping aloof from women does not fulfill the law of progress. If all women were Truth women, holding to the higher thoughts of the Christ-purity idea, the problem would be easier of solution. I understand that you do not answer personal questions, but the matter of sex purity is a strictly scientific one in my mind, and one that must be met. The greatest help I have had for a long time resulted from reading Ida M. Mingle's article on

"Purity" in the September Unity. Her statement that the life currents at the generative (or better, regenerative) organism must be called "good, and very good" was illuminating and helpful in practice. More information of that nature is what I wish. How wonderful life will be when we have attained full cleansing from all inharmonies of consciousness.

The first step in redeeming the thoughts and forces is to realize that the power back of all expression is good. What man has called "passion" and "sex" is in reality the pure God life, which has been directed in outer ways to produce sensation. Regeneration does not mean denying away this force, nor merely suppressing it, but the true character of the force is recognized, and it is lifted up, redeemed and turned into constructive channels for the building of perfect minds, bodies and affairs.

As you free your consciousness from the belief in "sex" and enter into a realization of the One Life, you will find that you will be associated with those who also express the Christ Purity. Keep words like these in mind during the day, and go to sleep at night repeating them:

"Christ within me is purity. I am no longer under any law of mortal thought. The law of the Spirit of life in Christ Jesus makes me free. I am established in the fearless, pure Mind of Christ, and I now have dominion over my every thought and force. I am satisfied with Spirit."

Think much about your body as the temple of the living God, and declare that his worship is now set up in every part of your organism; that the organs which have been instruments of unrighteousness under the old thought, are now in Jesus Christ redeemed, and have become instruments of righteousness. Take possession of every part of your body in the name of the Lord. Fill your whole being with thoughts of purity; affirm your desire for purity, and your love for it, and insist that you are now pure, for you are in reality pure. The Word of God in you is quick and powerful. May you feel its power quickening you to a new consciousness of abundant life, a new satisfaction in Spirit,

and a new sense of the joyous freedom which is yours in Christ.

* * * * * *

Religion, as taught by the different sects and denominations of the past, has savored so much of outer forms and dogmas, and we might truly say, of hard, unrelenting cruelties, with so little of the real Christ Love, Justice and Truth, that we are not surprised to know it has driven many persons to just such extreme, opposing views as set forth in the clippings you sent us.

We believe the churches of today are awakening to the fact that they must give to the people a religion that is helpful and satisfying to the mental, moral and physical, as well as the spiritual man, if they would keep their denominations alive. It is because people are beginning to think for themselves that they will have a religion which *is* reasonable, and is not altogether based on ceremonies or feelings. You will find more real, spiritual, progressive Christians outside of the churches than in them.

The booklet, "What Practical Christianity Stands For," will give you a brief outline of the Truth regarding God, creation, Jesus Christ and salvation, as we teach it. The booklets, "Truth Demonstrates Itself," and "The Bible and Eternal Punishment," will give you an idea of the Bible teaching concerning hell. We are also sending you two other booklets that explain the truth about the Bible.

Let the people express themselves freely. Truth will stand the test, and all things are working together for the ultimate good of mankind. God is redeeming the earth and the people in it, and in due time a right equilibrium and relation of all things will be established. Then we will not need to say one to another, "Know the Lord, for all will know him from the least unto the greatest." "The earth shall be full of the knowledge of the glory of the Lord, as the waters cover the sea."

* * * * * *

The 35th chapter of Isaiah is a most beautiful one and certain of fulfillment. While we know that there is an

outer fulfillment of the prophecies, yet we seek to explain, teach and impress upon those to whom we minister the understanding and necessity of the inner meaning, thus bringing to pass in the individual the Truth taught.

We believe that the outer manifestations of good are held back because people fix their attention upon the realm of form to the extent that they neglect the inner realization, which must precede the demonstration in the outer.

There is a law of growth, unfoldment and fulfillment. First, there is God-Mind who inspires the idea; then there is the expression or realization of the idea, which takes place in the individual; then the manifestation or fulfillment. "The work of righteousness shall be peace, and the effect of righteousness quietness and assurance forever." The race, as a whole, does not yet realize that they cannot go on in their greed, selfishness and limited ideas and have the peace they desire, though their awakening to this fact is at hand.

As the wilderness and deserts in mankind (the empty thoughts of lack, limitation, barrenness, disease, poverty and death in individual consciousness), begin to rejoice and blossom as the rose, bringing forth abundantly of the life and substance of Spirit, man will bring to pass the corresponding changes in the earth. The restitution will come about through man's coöperation with God and Divine laws. Marvelous and quick changes will be wrought everywhere through man's understanding, faith and ability to lay hold of the spiritual substance, life, love and power of Divine Mind, and make them manifest in the earth through the spoken Word.

Man needs to come into the consciousness of his Divine nature. This is accomplished through prayer and meditation. The man whose "delight is in the law of the Lord," and who meditates in the law day and night, "shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper." See Psalm 1:1-3.

The "hand" represents executive ability, so in order to

strengthen the weak hands, as referred to in the 35th chapter of Isaiah, all negative thoughts regarding man's ability to execute and bring forth must be eliminated. "Knees" stand for humility, therefore to confirm the feeble knees one must establish true humility. All the fearful thoughts of the heart, or subjective mind, will be transformed through the realization that God is the life of the individual, and the power that upholds him. When man is conscious of the Allness of God there is absolutely nothing to fear. Then the eyes of the blind shall be opened, and the ears of the deaf shall be unstopped, that is, those thoughts that could not or would not see and hear according to righteousness and Truth will be healed. All the lame thoughts and ideas will be made upright and joyous, and the dumb devil will be cast out, giving freedom of expression in gratitude, harmony and praise to God. This transformation takes place right in the seeming barren and limited places in man's consciousness, and the redeeming, healing, renewing, refreshing streams of life begin to flow into soul and body.

"And an highway shall be there, and a way, and it shall be called the way of holiness; the unclean shall not pass over it; but it shall be for the redeemed: the wayfaring men, yea fools, shall not err therein." A "highway" is a road for multitudes, while a "way" may refer to a path for one. Truth shall become so thoroughly understood and walked in, or acted upon, by all the thoughts, forces, powers, habits, etc. of the individual consciousness, that it shall become a clear, open highway. Nothing impure, but only that which is single to the one Good, can travel on this highway. The forces and ideas that have been in error and are not yet awakened (fools) cannot help seeing clearly, for the way of Truth will be so plain. The outer interpretation of this text can be clearly discerned from the individual interpretation. The way of righteousness and holiness will become so plain that all men will understand and walk in it. This is the "highway." The "way" refers to the guidance of man by the Holy Spirit. Man will be so consciously in touch with the Most High within his own being that he shall hear the

still, small, soundless voice of the Spirit saying, "This is the way, walk ye in it," when he attempts to turn to the right hand or to the left. See Isaiah 30:21.

The lion and the ravenous beast refer to the destructive, tearing-down forces in man. They shall be eliminated and the redeemed thoughts, powers and faculties shall reign. Joy, gladness and peace will be man's portion eternally.

* * * * * *

We believe in and are working to bring about the emancipation of all mankind. We know that in Christ Jesus man and woman are equal; in fact, the thought of sex is forever eliminated in the regeneration, which we are teaching and demonstrating. As women bring forth the masculine quality (Wisdom) within themselves, and men develop the feminine side (Love) of their nature, they will each and every one find their proper place and there will be no inharmony or friction.

While we are in sympathy with every effort to bring about the good of the race, and their liberty from bondage of every kind, we do not see that outer personal force, or even purely mental power will accomplish the desired end. These are hard ways of attainment, and temporary. The true way is through the Christ consciousness—through realizing the Truth within ourselves, and then quietly, silently, holding to it until it becomes a living force in consciousness.

If, instead of recognizing and resisting seeming evil, which resistance stirs up opposition, the women of our country would coöperate in knowing the Truth that in reality there is no evil, no opposition, nothing which in any way can impede their progress; that the one and only Power and Presence in the universe is the Good Omnipotent, and then hold to this Truth, in a very short time conditions would shape themselves so that the men would, of their own accord, give the women equal rights in the adjusting of the affairs of the nation; or the women would be directly led of the Spirit to take some step just at the crucial moment, which would bring about for them a quick, easy victory. There is

much more power in spiritual realization than in outer personal or mental fighting.

* * * * * *

The words of Jer. 31:22, "A woman shall compass a man," are given in our different Jewish translations of the Old Testament, as follows: "How long wilt thou turn away coyly, O thou backsliding daughter? For the Lord hath created a new thing in the earth: a woman shall court a man," and "For the Lord hath created a new thing on the earth, The woman will go about seeking for the husband." The fulfillment of this prophecy is at hand, for we are fast coming into the day when the woman shall take the initiative along every line.

In every individual there are the masculine (Wisdom) and feminine (Love) qualities. For generations men have dwelt in the outer consciousness, having a sort of worldly wisdom, but as a race denying the true spiritual Wisdom, and ignoring almost entirely the urge of the soul or love nature—the feminine within them. The result is that they have built up the present conditions in the outer world and are being called forth to adjust the affairs of the world of their own making. Women, in the meantime, are taking their places in different activities and are proving themselves to be even more competent than the men have been. Why? Because woman, who has been kept in the background, has been forced *through necessity* to turn to religion and to God for solace, strength and comfort, and has made great strides in bringing forth her soul and spiritual qualities. She has developed her feminine (Love) and through the greater and ever increasing responsibilities thrust upon her, developed her masculine (Wisdom), and united the two. Out of the union of these two qualities comes perfect expression in every particular. Woman is now ready to take the initiative in the outer, while men will have to learn to go within, and through prayer and meditation bring forth their inner spiritual Self, thus making a union between Wisdom and Love within. In this way men will come into a higher consciousness of purity, virtue, love, wisdom and honor, and so learn

to be really fit to be the *directive* Wisdom of the world.

While man has been wasting the very substance of his brain and body, to say nothing of his outer substance (worldly possessions), for the fulfillment of the lusts and appetites of the flesh, getting farther and farther away from his true inner Self, woman has been developing her finer, inner qualities and powers. As a result woman will soon put away all false modesty, and openly choose the man whom she thinks fit to be the father of her children, *if she still desires children.*

Woman led in what is known as the "fall" and she is now leading the way back to higher, spiritual life, and is even reaching, in outer ways, ahead of man. Because of the development of her spiritual nature, she has in reality been for ages superior to man, and now she is having the opportunity to demonstrate her executive ability.

The lesson in this text, for men and women who still must learn the lesson, is that they should, through prayer and spiritual meditation, unify the qualities of Love and Wisdom within. Instead of thinking it is manly to be materially minded, men must learn that it is not only truly manly, but right and honorable to be spiritually minded. Women must learn that they are to lead in all things touching soul development, and cease to give their substance of thought to carnal desires and material attainments.

"The toxin of fatigue has been demonstrated, but the poisons generated by evil temper and emotional excess over non-essentials have not yet been determined, although without a doubt they exist," says Metchnikoff. Poise of mind tends to normal action of all the bodily functions. Self-control as regards the emotions is largely a matter of habit. You can acquire mental poise if you will to do so, and there is no doubt that it will promote health and long life.

In truth, he only is the lover who seeks what is profitable to the beloved; so that if any pursue not this, even what is right and good, though he make ten thousand professions of love, he is more hostile than any enemy.—*St. Chrysostom.*

SILENT UNITY HEALING

Phoenix, Ariz.—My friend wrote a telegram to you, asking for your prayers. She had not slept for three nights and suffered intense pain. Thinking that her message had been sent to you, she went to bed and slept like a child from eight at night until eight the next morning. In going back to the office the next morning, she found the telegram had blown up against the screen at the window. She has never had a return of the trouble.—*J. S. S.*

Instances similar to this often occur and people not in the understanding of spiritual forces naturally conclude that we do not do the marvelous healing that is reported every day in the work of Unity. They say, "Those people just naturally got well and Unity didn't really have anything to do with it."

But metaphysicians, who have studied the power of mind and know how swiftly ideas do their work, see the fulfillment of the law in just such an instance as that mentioned above.

So far as the individual is concerned, healing is a matter of faith. "According to thy faith be it unto thee" was the broad statement of the law by Jesus. However, there must be certain relations established before faith can have a working base. The centurion's faith in the power of Jesus healed his servant in that "selfsame hour." But Jesus was a necessary factor. Faith makes contact with established spiritual centers and the response follows instantly. It is the same law on a more interior plane of consciousness that we see in the wireless. Unity is the radiating and receiving station in the thought world. Night and day Silent Unity workers are sending forth waves of life, love, peace, intelligence, power and every idea that will lift up and make better and happier men and women everywhere. Our prayers, meditations and calls to righteousness are to individuals, classes and nations. The world is our country and to do

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I am now conscious of the Christ abundance heaped up, pressed down and running over.

good our religion. Our God answers while we are yet speaking and the promises of Jesus are all being fulfilled in our work.

Jesus has come again in the "clouds," in like manner as he went away, and as he said he would come. This obscurity, represented by "clouds" in the sense minds of humanity, must be removed before we will all see him. But we can all receive his help at any time. "Lo, I am with you alway."

We get a very large number of letters from people who have been helped by connecting their minds with the Lord through the Silent Unity Center, but the proverbial nine-tenths do not report. People who visit us tell of demonstrations they have had whose recital would alone fill this magazine.

However, here are a few extracts from our daily mail:

HEALTH

Chicago, Ill.—On the day I wired you for prayers for little E. N., the doctors had declared her case one of brain fever. They said that death was only a question of a very few hours. I sent you the message at six o'clock and at seven she was sleeping quietly, and the fever had left her. She awoke in her right mind, and has improved so steadily that she will be back to school in a few days. Last year you helped to bring back from death's door another one of my pupils, who was dangerously ill with double pneumonia. At another time I wrote you for prayers for H., who was subject to epileptic fits, and he has been cured of them. My heart is in my work of teaching and caring for these little foreign children.—*C. B.*

Wichita, Kan.—At the time I wrote you for prayers for my mother, she was confined to her bed with a claim of illness, which apparently was of a most serious nature. She had pains in her side, violent coughing, palpitation, drowsiness and other unfavorable symptoms. In spite of appearances I held the thought that God's goodness and power healed her. I told her that I had written to you, and before I had mailed the letter there was a sudden favorable change in her condition. She said, "I know they have already helped me for I feel so much better," and urged me

to leave her. I had been sitting by her bedside at night. The next day she was up and around and has been ever since. We received your Truth thoughts that filled us with hope, faith and a stronger determination to continue to seek the Truth and trust in God. Words fail to express my gratefulness to God and to you for your prayers.—*L. C.*

Yerington, Nevada—Last spring I fell and broke my knee cap, and I suffered very much with it until I wrote you asking for prayers. Doctors had told me I would always be a cripple, but after writing you the pain instantly disappeared and my knee is now entirely well. I thank God it is healed, and that I am beginning to know I can do anything through Christ that strengtheneth me.—*Mrs. G. W. M.*

Hunter, Ark.—You will be glad to know about Mrs. D., whom you have been treating for tuberculosis. She had a thorough examination made and the physician said there were no symptoms of tuberculosis. I feel very thankful.—*Mrs. W. A. D.*

Niles, Mich.—I must tell you of the experience I had the day before Christmas. It seemed to me that I could not live and endure the agony any longer. The postman came with your letter inclosing "Health Hints No. 1." When I had read about half the pamphlet, I was amazed to find that I had completely relaxed, and was quietly reading with no pain anywhere. I caught myself glancing quickly around the room and even up at the ceiling as though the pain would pounce out upon me from some hiding place. But I was free "with the freedom of Spirit" and giving thanks, I went about my preparations for the Christmas dinner with a joyful heart. I thank you for your ever timely assistance. Verily, you answered before I had called.—*Mrs. M. C. M.*

Safford, Ariz.—About a year ago I had the worst form of stomach trouble. I do not know whether it was cancer or catarrh. I had three doctors but they could not cure me, though they did relieve me so I could breathe. Malted milk was all the nourishment I could take and it could not be digested. When I retired at night I did not think I would live until morning. I wrote to Unity and they showed me the way to health. God did the work and I give him all the praise. Please give my full name that others may know what the Spirit of God will do for those who trust him. May we all, with one accord, praise God.—*Mrs. Maggie Walker.*

Henryetta, Okla.—About a year ago my husband fell and fractured three ribs. Material help did him no good.

He suffered terribly and seemed to get worse every day. I wrote you for prayers and the pain and soreness all disappeared, and he is now perfectly well. He believes in Christian healing now. I wrote you in regard to my little son, who had an ulcer on his foot. Before I heard from you the ulcer disappeared, and when he saw it was gone he jumped up and down with joy, saying, "Unity did it!"—*Mrs. L. D.*

Washington, D. C.—A friend telegraphed to you in my behalf last Saturday, about five o'clock. Before eleven that night the pains passed away, and I slept quietly. Tonight I am up and about my duties again. I thank you for your great help and rejoice in this new realization of the Omnipresence.—*K. W.*

Bellflower, Cal.—Recently I was taken with a severe cold. The second day the fever ran so high that I lay most of the time in a sort of stupor with severe headache, and pain in every part of the body. When it seemed I could no longer hold on to consciousness, and my own efforts were so weak that they were apparently doing little good, I sent out a call to Silent Unity for help. In a few minutes I was conscious of the words, "The Eternal God is thy refuge and underneath are the everlasting arms." They passed through my mind as though they had been spoken to me by someone in the room. My next conscious thought was one of complete relaxation, and I was rejoiced to awaken to the fact that the fever, pain and nerve tension had entirely gone, and I was lying in perfect peace. With a prayer of thankfulness I dropped off to sleep, and for two hours slept like a babe. When I awakened I was able to get up and go about my work. I am indeed grateful for what the Truth is doing for me.—*Mrs. J. R. V.*

Stockton, Ill.—I wrote you for prayers for bronchitis. I am now healed. I thank God and you for answered prayer.—*Mrs. L. H.*

Palisades, Colo.—One year ago I asked for prayers for Mr. H.'s sore leg. It has healed and his stomach and back are now well. I also wrote you for prayers for rheumatism, from which I suffered twenty years, and several other ailments. Now I am a well woman. I cannot tell you of all the wonderful blessings which have come to us.—*Mrs. J. H.*

Tacoma, Wash.—About a year ago I suffered with nervous prostration. Of course I had several different doctors, but gradually grew worse. A friend told my husband about Unity and a telegram was sent to you. That very

evening I began to get better. I received your prayers for a month and now am as well as ever. Words cannot express my thanks to God.—*Mrs. M. M. R.*

Marcus, Ia.—I have a friend, who had treatment of you for a goiter, and she says you absolutely cured her.—*R. A. H.*

PROSPERITY

Denver, Colo.—A short time ago I wrote you asking prayers in producing business for my firm. I needed to close twelve contracts, which in my business meant several thousand dollars, and it had to be done by January first. It seemed almost impossible, but since that time I have closed twenty contracts instead of twelve, and it still lacks twelve days of being January first.—*H. A. M.*

Danville, Ill.—I asked the Spirit to guide me in securing a good position, and not long afterward a position in a high school was offered to me. I had never cared to attempt high school teaching, because I had always thought I could not manage the grown boys and girls, but I concluded that since the Lord had picked out this place for me, I could trust him to do the managing, so I started into the work with perfect confidence. Three months have now gone by and the boys and girls are perfectly lovely in their attitude toward me. Never before have I enjoyed teaching as I do this year. I have a delightful place to board, which was also a direct answer to prayer. I had to be examined in several different subjects, and I was quite rusty on all of them. One subject in particular I felt I knew almost nothing about, but I went to take the examination, trusting as before, for I said, "God has brought me this far and he will see me through." I made good grades on all the subjects, and the superintendent suggested that I take the examination in January on the one "doubtful" subject, which gives me plenty of time for a thorough review. I suppose many people would not consider these things out of the ordinary, but to me they seem wonderful responses to an attitude of prayer and trust.—*Mrs. G. S. K.*

S. Norwalk, Conn.—It is with a heart overflowing with love and gratitude that I praise the Father's love and care, which I have proved does not fail when it is perfectly trusted. I have had two tremendous tests, temptations to run hither and yon for the wherewithal to keep my furniture off the street and to keep from losing the best of it which was held by a chattel mortgage. When the very last day

came, and when there was no sign of relief, my faith and trust were met with funds telegraphed me without any word from me, by a party who felt he owed it. The debt had been forgiven long ago. I asked you some time ago to join me in praising, instead of asking, for the best employment for my son and daughter. Better results than we even hoped for have come to pass. I am now free as to time and labor. I never before had the slightest approach to the freedom I now enjoy. I want to express my thanks for "Freedom," by Ethel Pitney in Weekly Unity. Emilie Cady has been and is a wonderful teacher.—*Mrs. A. N. S.*

Eagle, Colo.—We run a small weekly paper, and it is very hard to get help. My husband went around town to see if he could find someone, and I kept affirming that God, who has always taken care of us and is our supply and help, would send someone in this emergency. When my husband returned a stranger stood looking in our window. When the man said he was a printer my husband explained the situation and he stayed and helped out that week. He and his wife were going through town on an auto vacation trip, and he was prompted to look into our window and see if it was a newspaper office. When they told me about it I replied, "I believe in an All-Wise Power governing our lives, and your husband was God's instrument to answer prayer and affirmation."—*Mrs. W. A. S.*

Columbus, Ohio—I wrote you asking prayers, as we were looking for a new home. We followed your directions and found just what we have been desiring. We are happy and grateful for what the Truth has done for us in blessings of harmony, health and prosperity.—*Mrs. C. M. W.*

Superior, Neb.—I wish to thank you for your prayers for prosperity. My father's business has been fine the last few weeks, and he is getting in a great many checks which were past due.—*Miss R.*

New Canaan, Conn.—I thank you for the help you have given me for prosperity. I am today worth several thousand dollars more than when I wrote to you. I hadn't any income at that time, and now I have a fine house which I rent. I thank you for helping me realize that money is a symbol of God's love, and that we never can be separated from God's love.—*Mrs. J. D.*

San Francisco, Cal.—I wrote you asking prayers in regard to my son, who was trying to get a position, and my daughter who was anxious about her graduation. Shortly after writing my son received a position in a bank with a very

good chance for advancement, and my daughter graduated after four years of hard study. I feel very grateful indeed for this help and give thanks to God and Unity—*R. W. M.*

Santa Rosa, Cal.—I wrote you regarding some silver which I thought I should have. A year ago I received one of the pieces of silver, and a short time ago two more, evidence of the realization of my request through you.—*Mrs. J. N. S. C.*

Santa Monica, Cal.—My letter, asking for prayers, had barely reached you when I received help. All worry and anxiety left me, and in a few days I found work to do. It was soliciting and it kept me on my feet eight hours a day. I did not see how I could stand it, but, relying on the power of the Spirit, I can walk all day without fatigue. That work led to my present position, which offers a chance for advancement.—*E. W.*

San Francisco, Cal.—My husband kept saying he must have a small automobile for use in his business. Then we received a Weekly Unity which told how a man who had no money received help by praying with faith and patience. My husband said, "That is the way I will get my machine." A few days afterward a sister of his came in and said she had some money in the bank which she would not use for some time, and offered it to my husband for use in his business. The next day the machine was bought. We have some beautiful long rides in the country on Sundays, and I declare that God is the head of the car, and only the Good is with us.—*Mrs. D. N. K.*

San Antonio, Texas—The property about which I asked your prayers has been sold, and also another piece which we desired to dispose of has been sold. I bless the day I heard of Unity. The Truth has done so much for me. My sister is cured of a serious bowel trouble, and the nervousness and weakness in myself, for which I asked your prayers, is almost wholly overcome. I am very happy. Life is beginning to be worth while.—*Miss I. F.*

Klamath Falls, Ore.—I have received much benefit since I wrote to you for prayers for prosperity a year ago. I had insufficient funds in the bank after my husband's death with which to pay the funeral bill, and the doctor and nurse. It has seemed hard work at times to meet all the demands, but I have kept a brave spirit and trusted in God. Since receiving Unity Magazine I have been healed of catarrh, stomach trouble and liver trouble. I am very grateful to God and to you.—*Mrs. O. E. S.*

Kimberly, Nev.—The letter requesting prayers had not reached you when help came to me. The following night after I mailed the letter, I prepared to go to work as usual (I had been working night shift), but when time came to start something held me back and I just could not go to work. Finally it was too late. The next day I came over to K. and discovered that I could secure three different places. The one I wanted was the only place there was any doubt about, but I prayed as if I had already received the job, and the next morning when I appeared to see about the place, I was told to come to work that same night.—*A. P. R.*

Los Angeles, Cal.—I succeeded in passing my examination and also have a good position. I feel that I have had great help through Unity, for which I am thankful.—*C. T. C.*

Brooklyn, N. Y.—My son was wonderfully helped in his business within a few days after my writing you. It had been so bad he was thoroughly discouraged, but within one month he was on his feet again. His eyes have been wonderfuly benefited, and my own income has increased, for which I thank God.—*Mrs. S. T. H.*

Winsper, Idaho—I want to thank you for your prayers. They have been such a comfort and blessing to me. My husband is working here in the mines and we are comfortable for the winter.—*Mrs. E. F.*

Washington, D. C.—My daughter has met with success on her organizing tour, and her health is wonderfully improved. The son who had been missing for nearly seven years has at last been found.—*Mrs. E. M. D.*

Chicago, Ill.—I know that you are still holding prayers for my son, as he continues to improve. I have sent a subscription to my mother, trusting that this may be the means of her understanding this great Truth. I am in the best of health, and after receiving your prosperity bank and prayers every movement I have made has not only been beneficial to myself but to all concerned. I express my gratitude to God and Unity, for I am now in a position to overcome everything, and the happiness that follows is so sweet.—*Mrs. L. R.*

Cincinnati, Ohio—Am very busy and have splendid health and happiness, and I know that your prayers, through my faith, have much to do with my prosperity. I can overcome all difficulties by affirming the Word, then, through my faith in God, all is accomplished.—*F. Z.*

Bridgeport, Conn.—Your letter last week found me in desperate financial circumstances, and I sat down and wrote you as much, when something said to me, "That is not the thing to do, O, ye of little faith." I immediately tore up the letter and thanked God for his many blessings. Two days later the financial aid I needed came to me, and came in the right way. It is wonderful how many of my friends are led to the Light through a subscription to Unity Magazine. Mrs. D. paid no attention to it for the first year, then she had trouble with her eyes and nothing seemed to do any good. I asked her to write you and she was relieved almost immediately.—*L. C. S.*

Wakefield, R. I.—I thank you for the great help my family have received through the Truth and your prayers. I wrote you in the fall asking that my husband might have steady work, and I am truly thankful to say he has good work near home. I am learning to use the Truth more every day. I also asked help for my boys, and they are both doing fine.—*I. M. S.*

Gilroy, Cal.—I have been able to meet all obligations and do not worry over business any more. I thank you for your helpful thoughts.—*E. D.*

FREEDOM

Los Angeles, Cal.—You have been praying for my dear husband for two years for the drink habit and now he is coming into his freedom. He is looking so well. His friends consider it so strange that he has no bad effects and no taste for the intoxicating liquor. He says this is the first Christmas season in thirty years that he has not drunk liquor. Do you wonder that I praise God?—*Mrs. M. E. S.*

Bocas del Toro, Panama—Your literature is the best Christian literature that I have ever read. It helps me so much. I was a slave to tobacco, but, thanks to you and the great *I Am*, I have not put a cigarette to my mouth since the eighth of November, and I do not expect to smoke any more. —*D. L.*

Woodstock, Vt.—Some time ago I wrote you that a dear friend and I wished to be together, but insurmountable obstacles seemed to prevent this wish. It has come about, and she has come to live with me. We are very happy and thank you for your prayers.—*Miss A. B.*

Ottumwa, Iowa—I asked your prayers for my brother-in-law, for freedom from the lust of appetite. He has been freed, and has returned to his family a changed man.—*Miss A. M. K.*

PROTECTION

Bay City, Mich—My son is in France doing his "bit," and Unity and its wonderful teachings have been my happiness here and my son's happiness over there. I know now all our prayers have been answered, as he arrived safely, and our dear Father has given him a place of safety so that he may come back to us clean and whole after the good cause has been won. I am so thankful that this has brought him to the Truth. Only today I received a letter from him, written Thanksgiving Day, and he tells how he has prayed and thanked God that he has been able to keep his twenty ambulances in good running order so as to help relieve the suffering of the dear boys, and bring them into the hospitals quickly for attention and treatment. He knew there was to be a "big drive" on November 23d, and he prayed God that his ambulances be kept in good condition. The terrible battle began at midnight and the ambulances were running until morning and not one went wrong through all the heavy driving over the shell holes. They saved hundreds of lives by the ambulances holding up and the boys' quick driving. God shows me daily he is with us all, and I cannot praise him too highly.—*Mrs. G. F. K.*

Davenport, Neb.—Much good has come to us since we have taken up the inner teachings of Unity. Some things seem to come to us straight from God. One evening a hard rain came up suddenly, and all our doors and windows were open, and we were away from home. I said, "It will not rain in for the house is in the care of the Lord." My husband wanted to go home in the rain to close the house, but I insisted that he wait. When he did go he found that not a drop had entered either the upstairs door or either window on the east, though the wind had dashed furiously against the east side of the house for three-fourths of an hour. Ordinarily, it would have soaked in under the door, but even the beds, just inside the open windows, were dry.—*M. L. E.*

Newton Center, Mass.—I cannot begin to express my gratitude for the good things that have come to my son through the Truth, not only protection through the war zone, where he had quite an eventful trip, but promotion to a position he had not hoped to obtain for some time. He was in the Naval Reserve and had never had any training, but considerable practical knowledge of seamanship. He has been one of four men chosen by the government to go to Annapolis for training. We are very grateful.—*S. W. B.*

Miami, Fla.—The heavy lid of an ice box fell on my

head just above my forehead. Instantly I declared that there was no pain in Spirit, and there was not even a bruise or particle of pain after the first thud. The power of the Spirit goes before and makes easy the way.—*Mrs. H. G.*

Quincy, Ill.—The two leaflets, "Loose Him and Let Him Go," and "Prayer," were so full of what I needed and I have read and re-read them. This morning I received a letter from A. telling me that he has not been sick a day since he has been in camp. Words are inadequate to express my feelings. My greatest desire is to be worthy of the blessings. Praise his holy name.—*Mrs. M. E. P.*

Ashland, Wis.—The night I got your letter there was a call for bricklayers. The next morning my son enlisted and in one week he was called. He had just finished his trade about six months ago. We are all very thankful that he could go in this capacity. It is wonderful how everything worked out when the prospects looked so terrible. I do thank God always for his wonderful love and care, and I thank you for the great help you have given me so many times.—*Mrs. J. T. M.*

"BE YE TRANSFORMED"

San Antonio, Texas—It is just a year since I wrote you first, and it has certainly been a wonderful year for me; a year of awakening to Truth and the first real living that I have ever known. I am finding the answer to all those things that made life an uncertainty and God a myth. Now God is becoming a real Father, and I ask no greater blessing, for I am sure that with prayerful and receptive mind I shall find the solution to all my problems. Although as yet my hearing is not reliable I do see an improvement. I can now hear the clock strike by standing very near it, with my hands cupped behind my ears, while until two weeks ago I could not hear it with my ear against the face of the clock. It is enough to make me rejoice in the glad New Year, and for this joy I know I owe you as well as the Father my gratitude. —*D. D. W.*

Chicago, Ill.—I thank you for your prayers for peace and harmony between myself and friend. Just as soon as I wrote the letter the worry and sorrow was lifted from me. The very next night we met and she kissed me and all was forgiven. I knew that I had asked and had received. How I thank God and you for this wonderful blessing.—*M. J.*

Aransas Pass, Texas—I wrote you for prayers for some friends and relatives who were sick and in trouble.

Mrs. M. was not expected to live. This morning I received word that she was conscious for the first time since she had been taken sick. This change occurred about the time my letter should have reached you. I am very thankful to you and to God for this demonstration. I also wrote you for prayers for myself for prosperity. I have an obligation which is due tomorrow. I knew of no way that I could raise the money, and was very much worried about it, but when I received your instructions I made up my mind that there was a way and that it would be shown to me. Imagine my surprise when a man came and offered to make a trade that would furnish me with the exact amount of money I had to raise. I know this is the power of God.—*G. L. G.*

Phoenix, Ariz.—I wrote for prayers, as I was about to lose a dear friend through misunderstanding, and in a few days there came a complete return of friendship.—*Miss B. L. N.*

Dallas, Texas—It gives me great joy to tell what you have done for me through God's help. I have experienced a self-possession I haven't had in years, and my nerves are quiet. My mental powers are developing rapidly, and I feel there are great things within my reach, and with the guidance of the Truth I shall make wonderful demonstrations. My heart is full of gratitude.—*Mrs. J. K. B.*

Cambridge, Mass.—My husband is healed. It was a beautiful demonstration. Each day I grow to feel more and more the Spirit of the Living God within. Your work is wonderful and I know it is deeply blessed.—*C. W. K.*

North Vancouver, B. C.—I am much better spiritually, physically and financially. I am rejoicing in my victory.—*T. F.*

Anna, Ill.—Your prayers are bringing happiness to me. I am guarding every thought and also watching my words. I find it much easier to control my children with loving thoughts and words of kindness. The mother's heart and soul must be filled with sweet, pure thoughts before she can rule her home on the basis of Jesus Christ. I am determined to make my every aim in life a good one.—*Mrs. F. L.*

HELPED BY UNITY LITERATURE

San Francisco, Cal.—I cannot find sufficient words to tell you how thankful I have been for the wonderful messages which I have found in your Unity Magazine for November. "A Praise Treatment" has been a wonderful

guide to me. I wanted to write you for a special Word for my eyes and ears. I kept thinking of it and the need was great, but in some way I delayed the writing of the message to you. On opening the November Unity Magazine one of the first things I found was this message: "By thy cleansing Spirit I am purified and healed. My eyes and my ears, my entire consciousness have I given to thy restoring power." My prayers had been answered. Praise God from whom all blessings flow. The light becomes clear as I go forward. —*Mrs. W. B.*

Ft. Morgan, Colo.—I enjoy Weekly Unity and I am never too busy to stop and read at least one article as soon as I receive it. The one on the protection of our soldiers I am, through study, trying to make my own. A hailstorm last summer seemed to entirely destroy my splendid garden. The sight of what had been my garden filled me with grief, but the words of the poem, "Recompense," by Ella Wheeler Wilcox, "God never takes a thing away, but something else is given," quieted me. In the course of a few days my garden plants were restored and I was rewarded with fine results.—*Mrs. J. S. C.*

Philadelphia, Pa.—Since I have read your illuminating book, "Christian Healing," by Charles Fillmore, I feel prompted to write you a note of appreciation and gratitude for the many instructive and substantial verities and spiritual incentives derived from this reading; also for the many fine articles contained in your Unity Magazine. While my physical sight is not fully restored, I feel that the inner vision and spiritual understanding have wonderfully increased, and I am confident that the physical sight must inevitably follow in the wake of the inner or mental vision.—*K. T. S.*

New York, N. Y.—It has just dawned upon my consciousness that I can make a Christmas gift to Spirit. You can appropriate what you wish for publication. God bless Unity. Your teaching has shown me "the Way, the Truth and the Light." It has brought peace, power and confidence into my life. Through your communications I have demonstrated over fear, fear of personality, and over limitation of every description; over seeming illness; over all inharmonious conditions, mental and physical. Truth has firmly established my confidence in the ultimate realization of every worthy dream I have ever hoped to accomplish. Truth is my hourly and daily guide. All power to Truth!—*M. W.*

Berkeley, Cal.—I had five dollars given to me Christmas to buy arch supports, but I am sending it to you. I do enjoy the Unity Magazine so much.—*Mrs. E. F.*

PUBLISHERS' DEPARTMENT

UNITY is published on the 15th of every month by UNITY SCHOOL OF CHRISTIANITY (Incorporated) Tenth and Tracy Avenue (Unity Building), Kansas City, Mo.

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Unity Magazine one year, all foreign countries..... 1.25
Sample copies of *Unity Magazine Weekly Unity* and *Wee Wisdom* will be sent gratis upon request.

ALL SUBSCRIPTIONS PAYABLE IN ADVANCE.

TO UNITY SUBSCRIBERS

Favor will be conferred upon the publishing department of the Unity School if each subscriber, when renewing his subscription, will copy his name and address exactly as it appears on the mailing wrapper in which the last issue of Unity Magazine was received.

Please notice the color of the magazine wrapper. A pink one indicates the expiration of your subscription.

A mark around this notice shows that your subscription expired last month. Promptness in renewing will be gladly appreciated.

For the convenience of our subscribers, we would suggest that when the blue mark or pink wrapper is noticed you tear off that part of the wrapper upon which your name and address appears, inclose it with your renewal and mail it to us. We will understand that it is your renewal.

UNITY GOOD WORDS CLUB

"But I say unto you, That every idle word that men shall speak they shall give an account thereof in the day of judgment. For by thy words thou shalt be justified, and by thy words thou shalt be condemned."—Matt. 12:36-37.

All who wish to aid in creating better world conditions and at once help themselves are invited to coöperate with the Good Words Club. The purpose of the Good Words Club is to teach its members the power of the Word, that through the use of right words they may have health, happiness and prosperity in abundance. Where many are coöperating in the right use of words a great power for good is generated. Never in the world's history has there been a more urgent need for the establishment of constructive factors upon the earth and to this end the principles of the Good Words Club stand as a mighty power. The Club membership extends to all parts of the world and is increasing rapidly. Reports from members testify to the wonderful practical results being gained through fulfillment of the precepts on which the movement is founded. There are no dues nor fees connected with membership, the Club being sustained by freewill offerings.

Members are admitted to the Club through signing the pledge:

I believe in the power of the spoken word, and I realize that I am held accountable for even my lightest words. I also believe that there is power in united effort. Therefore, I desire to become a member of Unity Good Words Club that I may unite in helping others as well as myself to speak only good, true words.

I agree to guard my conversations against all words of gossip, anxiety, foolishness, impurity, untruthfulness, crime, fear, nagging, complaining, sickness, poverty and anger, and to turn them toward words of trust, wisdom, goodness, health, prosperity, praise, joy and goodwill.

A very attractive Club emblem serves the twofold purpose of a "reminder" and in bringing members into association.

If you are interested in making your life and the lives of those about you brighter and happier; if you desire to

aid in the uplift of the race as a whole; and to fulfill one of the simple teachings of the Great Exampler in everyday living, write for an application for membership in the Good Words Club, addressing the Central Secretary, care of Unity School of Christianity, Tenth and Tracy Avenue, Kansas City, Mo.

THE "SHOWER" IDEA SEEMS TO BE CATCHING

Dear Unity School—Yesterday morning in the Silence, a voice within me said, "You have not done much for your School." I answered, "I realize that and I wish I could do more, yet at the present time do not see how I can." All day long that thought was with me, and when I retired I could not sleep for thinking about it. I asked to be shown the way to do more, and I was impressed with the words, "Give your school a freewill offering shower."

I expect there are thousands of Unity readers as well as Unity members, who would love to do something for our School to show their appreciation for the kindness it has rendered to one and all. I was reading where the Society of Silent Unity has over forty thousand registered members. Think what it would mean if all these members and the readers of Unity would join with me in a Prosperity Shower! The "widow's mite" would have the same place as the larger sums. What a shower of blessings our dear School would receive from all over the world at a specified time!—*Mabel R. Simpson, Mina, Nevada.*

Dear Unity Friends—How would it do to start a stamp shower? Everyone can send a few stamps, and it will be a great good to assist in your expenses. Enclosed find a few "drops." Why not publish an item in the next Unity Magazine to this effect? Yours in the cause of Truth.—*Mrs. Clarence J. Swink, Lebanon, Ohio.*

It now costs us nearly $100 every day for postage; the increased rate on letters added fifty per cent to that item alone, so we shall welcome the "shower" with thanks.

IMPORTANT NOTICE TO SUBSCRIBERS

At the expiration of your subscription to Unity Magazine please renew at once. When a yellow blank is found under this notice, it means that your subscription expired last month. If the blank is placed in this issue your renewal should reach us before the 5th of March to avoid missing the next number. Use money order if possible; but bills or two-cent stamps may be sent at our risk.

TO FURTHER THE SPIRIT OF UNITY

Many requests for the names of our subscribers in various places are coming to us, the object of the writers being to get acquainted with others of like thought. It is a rule among publishers not to give out the names of subscribers, because people do not like to be intruded upon. However, those of the same spiritual thought are often strengthened by coming in touch with one another, and for this reason we desire to help make such acquaintances. We will not give the names of our subscribers, but instead will publish the names of those who have written us for lists. We cannot grant the privilege to everybody, but to those only who we have reason to believe are sincere seekers for Truth. The following would like to meet Unity people in their vicinity:

Mrs. S. Howard, 6910 Beaver Ave., Cleveland, Ohio.

Mr. and Mrs. H. E. Tenney, 304 North Beach, Centralia, Ill.

Mrs. Emma G. Hawkins, 1001 Washington St., Boise, Idaho.

Mrs. Ida Montgomery, 219 East 10th St., Leadville, Colorado.

Mrs. H. H. Barrows, R. F. D. 3, Box 52, West Paris, Maine.

Mrs. Mary E. Hill, 53 Boxwood Ave., Detroit, Michigan.

Mrs. W. Williams, Beaconsfield, Gosport Road, Farehame, Hants, England.

Mrs. Harvey Sill, Exeter, Cal.

FOR FOREIGN SUBSCRIBERS

We quite often have requests from subscribers living in Australia, South Africa, and other far distant countries, that the Silent Unity "Class Thought" and "Prosperity Thought" be given in Unity Magazine for one month in advance. In response to such requests we give below the thought that will appear in March Unity Magazine:

CLASS THOUGHT

March 20 to April 20, 1918

Held daily at 9 p. m.

Omnipotent Justice and Peace reign supreme in Human Consciousness.

PROSPERITY THOUGHT

March 20 to April 20, 1918

Held daily at 12 m.

The blessings of the Spirit of Plenty are now manifest in my mind and affairs.

A NEW PAMPHLET

"A London Doctor Says He Makes Soldiers Bullet-proof," is the title of an interesting article which we have been requested to print in tract form. So numerous have been the calls for this article that we have thought it wise to publish it as an inexpensive pamphlet that it might have a wide circulation. The price, therefore, is 5 cents a copy. When ordered in quantities of twelve or more, we make a special price of 25 cents a dozen.

This notice brings to mind the trench books for soldiers which the Unity Press has recently published. Mention of these books will be found on page 183.

Notice is hereby given that our offer of three months' trial subscriptions to *Unity Magazine* or *Weekly Unity* for 10 cents is withdrawn. Three months' subscription will be 25 cents hereafter. This change was made necessary by a postoffice ruling which provides that no subscription obtained at a rate of less than 50 per cent of the advertised subscription price can be sent as second-class matter.

Did you read that article in the *Weekly Unity* on the Bible as a guide for business men?

WHERE UNITY PUBLICATIONS ARE SOLD

Cal., Alameda—Home of Truth, cor. Grand and Alameda Ave.
Los Angeles—Home of Truth, 802 S. Union Ave.; Metaphysical Library, 910 Black Bldg.; New Thought Church, 514 Fay Bldg.
Oakland—California College of Divine Science, 727 W. 14th St.; Jessie J. Knox, 5453 Manila Ave.
Palo Alto—N. T. Truth Center, 543 Channing Way.
Sacramento—Home of Truth, 1609 G St.
San Diego—House of Blessing, 2109 2d St.
San Francisco—Home of Truth, 1109 Franklin St.; California Truth Center, 68 Post St.; Occult Book Co., 1141 Polk St., near Sutter; Downtown Truth Center, 617 Shreve Bldg.; Metaphysical Headquarters and Library, 3d floor Rosenthal Bldg., 165 Post St.; Mission Unity Center, 2476 Mission St.
San Jose—Home of Truth, 144 North 5th St.
Colo., Denver—College of Divine Science, 730 Seventeenth Ave.; Charles Edgar Prather, 3929 W. 38th Ave.
Pueblo—Lydia Keeling, 108 W. 10th St.
D. C., Washington—Woodward & Lothrop, 10th, 11th and F Sts., N. W.; Home of Truth, 1899 Wyoming Ave., N. W.
Fla., Jacksonville—M. Spiller, 1712 Main St.
Ill., Chicago—Unity Society, 707 Schiller Bldg.
Ky., Louisville—Kaufman-Straus Co., 4th Ave.
Mass., Boston—The Metaphysical Club, 30 Huntington Ave.; New Thought Library, 347 Walker Bldg., 120 Boylston St.
Maine, Portland—Mrs. Alice T. Homer, 401 Frelawney Bldg.
Mich., Detroit—The Higher Thought Assembly, 213 Woodward Ave.
Grand Rapids—Mrs. Fred H. Meyer, 526 North Ave.
Kalamazoo—School of Christianity, 211 W. Dutton St.
Mo., St. Louis—H. H. Schroeder, 3537 Crittenden St.; New Thought League, 509 N. Newstead Ave., Alexandria Bldg.
N. J., Newark—Unity Truth Center, 435 Fourth Ave., Roseville, Sec.
N. Y., Brooklyn—Center of Practical Christianity, 116 Cooper St.
New York City—Brentano's, 5th Ave. and 27th St.; Goodyear Book Concern, 1133 Broadway; Unity Society of Practical Christianity, 28 W. 72d St.; New Thought Publishers, 110 W. 34th St.
Ohio, Cincinnati—New Thought Temple, 927 Union Central Life Insurance Bldg.
Dayton—W. V. Nicum, 501 Conover Bldg.
Ore., Portland—The Metaphysical Circulating Library, 402-3 Central Building, 10th and Alder Sts.
Pa., Philadelphia—Unity Center, rooms 329-330 Presser Bldg. Annex, 1713 Sansom St.; New Thought Book Shop, Weightman Bldg.
Wash., Seattle—C. Louise Foulkes, 509 Chickering Hall, 3d Ave. and University St.; Unity Center, 813 8th Avenue.
Spokane—Spokane Book and Stationery Co., 903 Riverside Ave.
Australia, Melbourne—Anna Hudson, 145 Collins St.
Canada, Toronto—New Thought Alliance, Foresters' Hall, 22 College Street; Mrs. M. Hunter-Jones, Royal Pembroke, 82 Pembroke St.
Winnipeg—"Ye Olde Book Shop," 253 Notre Dame Ave.; The Mobius Book Emporium, 258 Portage Ave.
England, London—L. N. Fowler & Co., 7 Imperial Arcade, 4, 5, 12 and 33 Imperial Bldg., Ludgate Circus, London, E. C.; Higher Thought Center, 40 Courtfield Garden, Cromwell Road, S. W.; C. Maurice Dobson, 146 Kensington, High S. London, W.
Scotland, Edinburgh—School of Indwelling Christ, 50 Comiston Drive.
Sydney, N. S. Wales—The Truth Center, I. O. O. F. Temple Elizabeth Street.

Trench Edition of a New Book

"A TRUTH STUDENT WITH THE SOLDIERS"

by MABEL HUNTLEY

The author of this book was in Europe at the outbreak of this world war, surrounded by tumult and disaster. In the midst of millions of terrified people she proved the power of God in most practical ways. Her experiences are related in this book.

The Trench edition of "A Truth Student with the Soldiers" is almost an "indestructible book." Within the covers of khaki binding, in which no glue has been used, the book is found printed on a heavy bond paper which will be little affected by water. Having withstood the practical test of being soaked in water, we know the soldier boys will find the book very serviceable.

This little book has been designed to fit conveniently in the soldier's pocket. In a khaki binding that is in keeping with military trappings, this book sells for $1.00.

Another edition of this book has been printed on eggshell book paper and bound in a paper cover. This edition is not waterproof. Price, 50 cents a copy.

Other Khaki Bound Books for the Soldiers

A limited number of our two standard textbooks, "Christian Healing" and "Lessons in Truth," have been bound expressly for the soldier boys. This special edition has been printed on a very thin bond paper so the books would be light in weight and small enough to fit in a soldier's pocket. The type, however, is large and easy to read.

The binding is the same as the trench edition of "A Truth Student with the Soldiers." No glue or paste will be found in the cover. The durable binding is practical and serviceable for the rough handling which the books are destined to meet. When ordering this binding do not confuse it with the various other editions. We shall call it "Trench Edition." Price for "Christian Healing," $1.50; "Lessons in Truth," $1.50.

TRUTH'S SIMPLICITY

by IDA M. MINGLE

"Truth's Simplicity" brings to the reader a message of Truth, simply and earnestly expressed. It is an inspiration for the soul seeking to apply the teachings of Jesus Christ in daily living.

"The Principles of Truth are the *Science of Being*. Understanding and applying the principles of Truth is the *Art of Being*." The student of Truth *knows* his principles when he demonstrates them. This booklet points the way to demonstration and we gladly recommend it to our readers.

"Truth's Simplicity" is a paper covered booklet. It is sent in a handmade envelope that matches the cover. "Master Mind," in reviewing it, says that it is "an artistic piece of printers' art." The price is 20 cents.

THE PATH OF LOVE

by AUGUST HASHAGEN

"The Way of Peace—this is the Path of Love," reads the first sentence of this new booklet that comes to befriend the many who are seeking light on the Way of Peace; and many there are who diligently search for light in this day of great reconstruction. Mr. Hashagen sounds the keynote of the Master's teaching with clarity and sureness. It is the note which will create peace out of chaos, whether the trouble is in mind, body or affairs.

A number of specific instances proving the power of love in human experiences are brought forth impressively.

Well printed in large type and bound in a neat, pleasing cover, "The Path of Love" costs 25 cents.

UNITY SCHOOL OF CHRISTIANITY
TENTH AND TRACY AVENUE, KANSAS CITY, MISSOURI

WEALTH AND WISDOM

by JENNIE H. CROFT

The complete title of this new booklet is "Wealth and Wisdom *Through Mind Action.*" Wealth, like every other manifest thing, is an attitude of mind. To attain wealth, the proper mental activity must be maintained until the entire mentality is impregnated with the consciousness of riches.

At the close of each chapter there is given a valuable affirmation for meditation. These thoughts release the power contained in the words, and the mind quickly takes hold of that power and establishes a consciousness identical with that of its Source. As a result unlimited success and prosperity become manifest.

Bound in a paper cover to harmonize with the "Prosperity Series," and inclosed in a handmade envelope. Price, 20 cents.

FINDING GOD

by CHARLES FILLMORE

In this booklet the abstract concept of God is brought into concrete form. The attributes of God are clearly defined and stated in words easily grasped by the most elemental metaphysical student. Not only is God described, but directions are given for gaining a further expression of his infinite Power, Wisdom, Love and Substance. "Finding God" is printed on tinted, heavy eggshell paper, with a wide margin. The cover is in colors on Antiquarian paper. Handmade envelope to match the art cover is included. 32 pages. Price, 20 cents.

UNITY SCHOOL OF CHRISTIANITY
TENTH AND TRACY AVENUE, KANSAS CITY, MISSOURI

CHRISTIAN HEALING

TWELVE LESSONS IN THE SCIENCE OF BEING

by CHARLES FILLMORE

Here is a book on practical spiritual healing. It explains the Healing Law which Jesus Christ proved, and which every man and woman can understand and practice.

TABLE OF CONTENTS

LESSON ONE
The True Character of Being..... 5
Affirmations for Realization of Divine Mind..... 15
LESSON TWO
Being's Perfect Idea; Statements for Realization of Son of God... 17
LESSON THREE
Manifestation; I Am Realizations..... 28
LESSON FOUR
The Formative Power of Thought..... 38
LESSON FIVE
How to Control Thought; Cleansing and Purifying Statements.... 47
LESSON SIX
The Word; The Power of Words..... 57
LESSON SEVEN
Spirituality, or Prayer and Praise..... 69
Establishing the Perfect Substance..... 78
LESSON EIGHT
Faith; Affirmations for Developing Faith..... 80
LESSON NINE
Imagination; Perfection in Form Established..... 90
LESSON TEN
Will and Understanding; Establishing Will and Understanding...101
LESSON ELEVEN
Judgment and Justice; Statements for Judgment and Justice.....112
LESSON TWELVE
Love; Establishing Divine Love.....123

In addition to these twelve regular lessons there are thirteen auxiliary chapters on vital subjects.

The revised edition of "Christian Healing," containing 260 pages, sells for 75 cents in neat paper cover, and $1.50 in substantial cloth binding; in khaki cloth, trench edition, $1.50; handsome flexible binding, $2.50.

UNITY SCHOOL OF CHRISTIANITY
TENTH AND TRACY AVENUE, KANSAS CITY, MISSOURI

"Christian Healing"

A Book on Practical Spiritual Healing

It is a textbook on applied metaphysics.

"Christian Healing" was written after a quarter of a century of practical experience in teaching and healing. It is now in its fifth edition, revised.

A brief outline of the contents of each chapter of "Christian Healing" will be found on the following pages. Lack of space prevents a fuller description of these unusual lessons.

Each chapter of the Twelve Lessons in "Christian Healing" is followed by a page of affirmations which are used in connection with the lessons. The statements are for the development of the realization of the Christ consciousness.

In addition to the twelve lessons in "Christian Healing," the book contains thirteen auxiliary chapters upon the following subjects:

"How Microbes Are Made," "The 'I Am' in Its Kingdom," "How Shall the Dead Be Raised?" "The Development of Divine Love." "The Ministry of the Word," "Ye Must Be Born Again," "Obedience," "The Church of Christ," "The Lord's Body," "Restoration of God's Kingdom," "How Mental Healing Is Done," "Treatment Instruction," "Six Days' Course of Treatment."

Contents of "Christian Healing"

LESSON ONE—THE TRUE CHARACTER OF BEING

Science founded upon Spirit—Primal Cause—Man's place in the Universe—The seat of power—The creating and sustaining Power of the Universe—Mysteries of creation—Mental laws—Mind back of nature—Power to make ideas visible as things—Conscious mental awakening—Nearness of God—The character of God.

LESSON TWO—BEING'S PERFECT IDEA

The foundation of Divine Science—Spiritual truth—How the original mind creates—The law of mind action—The impulse within your soul—What am I?—The mystery of Being—The trinity—Occult knowledge and modern investigation—Your true self—Power of the superconscious mind—Being "born again"—A new light on the life of Jesus of Nazareth—Latent energies.

LESSON THREE—MANIFESTATION

Religion and science—Science in Christianity—Creative action of Universal Mind—From the formless to the formed—The six days of creation—The reserve forces of man's organism—Putting on incorruption—The beginning of the resurrection from the dead—The inner resources—The law of expression—Power ideas—Regeneration.

LESSON FOUR—THE FORMATIVE POWER OF THOUGHT

Thought the builder of the body—Nerve fluid—Magnetic force—Self-renewing organs—Laws of nature—Inner intelligence—Man's creative power—The realm where atoms, molecules and cells are formed—Substance—The life center—The robe of power and mastery.

LESSON FIVE—HOW TO CONTROL THOUGHT

Man's control—The key to a metaphysician's work—The power of the mind to build or destroy—The effect upon

the body of financial grasping—The effect of a dominating will—The remedy—The object of man's existence—Divine illumination—The Jesus Christ standard—The forgiveness of sin—The attainment of happiness.

LESSON SIX—THE WORD

The original creative Word—The Word made flesh—Man's own consciousness—Thought vibration—Universal Ether—Following the creative law—Producing conditions in others by words—Unity with Supreme Mind—Faith and understanding—The moving power—There are no secrets—The greatest discovery of all ages—The everywhere present substance.

LESSON SEVEN—SPIRITUALITY: OR, PRAYER AND PRAISE

Man in his wholeness—Symbols in the Bible—The proper understanding of the Bible—The twelve faculties—The superconscious—Prayer the language of spirituality—Correct praying—The prayer of blind faith—How God answers our prayers—The effect of praise upon brain cells—Praise applied to business—God-given faculties.

LESSON EIGHT—FAITH

Faith is a power—Faith may be developed—Quickened faith accomplishes wonderful things—The miracles of the early ages—Modern miracles—"Nothing shall be impossible unto you"—How man becomes master of all forces centering about spiritual consciousness—Success—Forces invisible—How to enlarge the character.

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Mystical teaching—Universal knowledge—How imagination creates—The law that makes man an adept—Control of imagination—Dreams and visions—Creating ideals—Birthmarks—Proof of the power of imagination Suggestion—Marks of old age—Mental transformation—Transforming the character.

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Man's origin and destiny—Selfhood—Man's freedom of will—I Am—Breaking the will is erroneous—Rounding out of will needed—To strengthen the will—Willfulness, its result—The action of the will upon the organs of the body—Superior executive ability—Mediumship—The faculty of intuition—Self-control.

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The Law of Moses—The balance of love and justice—Good judgment—The day of judgment—Various meanings of "hell"—Discipline not punishment—The penalty taught by Jesus — Purification — Singleness of Mind — "Righteous indignation"—The One Supreme Judge —Jealousy—The remedy—Success in the world dependent upon good judgment.

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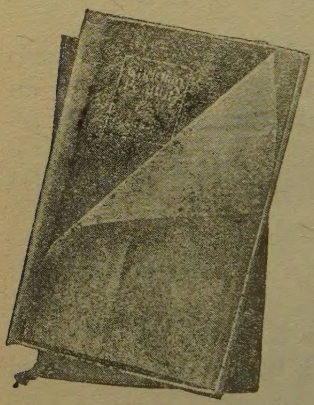

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